



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Pascal MYLLE

hamok

Omloop : LD

Afstand : 7280m

Tijd : 1:23:26 (11'28"/km)

10/17

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Gérald SOUWEINE | 1:04:00 |
| 2. Thijs VAN HAM | 1:04:13 |
| 3. Wannes VAN HAM | 1:05:46 |

1.	106	00:03:20		467m	7'08"/km
2.	108	00:01:58	00:05:18	234m	8'24"/km
3.	131	00:01:59	00:07:17	170m	11'40"/km
4.	130	00:00:47	00:08:04	94m	8'20"/km
5.	158	00:08:17	00:16:21	981m	8'27"/km
6.	157	00:04:18	00:20:39	347m	12'24"/km
7.	167	00:03:49	00:24:28	304m	12'33"/km
8.	172	00:04:48	00:29:16	522m	9'12"/km
9.	165	00:03:58	00:33:14	312m	12'43"/km
10.	151	00:01:03	00:34:17	108m	9'43"/km
11.	173	00:05:33	00:39:50	413m	13'26"/km
12.	177	00:03:21	00:43:11	370m	9'03"/km
13.	179	00:03:13	00:46:24	407m	7'54"/km
14.	116	00:02:09	00:48:33	236m	9'07"/km
15.	136	00:03:42	00:52:15	341m	10'51"/km
16.	141	00:02:53	00:55:08	212m	13'36"/km
17.	139	00:01:36	00:56:44	140m	11'26"/km
18.	105	00:09:52	01:06:36	483m	20'26"/km
19.	120	00:06:32	01:13:08	327m	19'59"/km
20.	112	00:04:07	01:17:15	182m	22'37"/km
21.	114	00:03:02	01:20:17	217m	13'59"/km
22.	200	00:02:29	01:22:46	284m	8'45"/km
23.	999	00:00:40	01:23:26	130m	5'08"/km

Orienteering Software