



# BOC04 - Ultra-longues Distances

## Rouge-Cloître / 3 Fontaines 10.12.2023

### ASUB

**Joël POULAIN**

ASUB

Circuit : Noir

Distance : 8200m

Temps : 1:08:06 (8'18"/km)

**9/48**

O.K.

[Résultats complets sur Webres](#)

- |                            |         |
|----------------------------|---------|
| 1. Louis HALTZ             | 0:49:15 |
| 2. Santiago JIMENEZ MOLINA | 0:57:47 |
| 3. Rudy ROOMAN             | 1:02:29 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 79  | 00:14:31 |          | 1802m | 8'03"/km  |
| 2.  | 75  | 00:01:36 | 00:16:07 | 227m  | 7'03"/km  |
| 3.  | 103 | 00:02:50 | 00:18:57 | 317m  | 8'56"/km  |
| 4.  | 80  | 00:03:03 | 00:22:00 | 369m  | 8'16"/km  |
| 5.  | 105 | 00:03:46 | 00:25:46 | 533m  | 7'04"/km  |
| 6.  | 107 | 00:02:55 | 00:28:41 | 267m  | 10'55"/km |
| 7.  | 99  | 00:02:37 | 00:31:18 | 287m  | 9'07"/km  |
| 8.  | 100 | 00:03:06 | 00:34:24 | 266m  | 11'39"/km |
| 9.  | 101 | 00:02:18 | 00:36:42 | 286m  | 8'03"/km  |
| 10. | 76  | 00:06:08 | 00:42:50 | 800m  | 7'40"/km  |
| 11. | 82  | 00:04:37 | 00:47:27 | 572m  | 8'04"/km  |
| 12. | 104 | 00:04:40 | 00:52:07 | 540m  | 8'39"/km  |
| 13. | 83  | 00:01:52 | 00:53:59 | 172m  | 10'51"/km |
| 14. | 149 | 00:05:55 | 00:59:54 | 549m  | 10'47"/km |
| 15. | 153 | 00:01:34 | 01:01:28 | 173m  | 9'03"/km  |
| 16. | 154 | 00:00:28 | 01:01:56 | 68m   | 6'52"/km  |
| 17. | 145 | 00:02:28 | 01:04:24 | 337m  | 7'19"/km  |
| 18. | 159 | 00:02:38 | 01:07:02 | 375m  | 7'01"/km  |
| 19. | 78  | 00:00:58 | 01:08:00 | 161m  | 6'00"/km  |
| 20. | 999 | 00:00:06 | 01:08:06 | 71m   | 1'25"/km  |

Orienteering Software