



SYLVESTER 5 DAYS 2023 - DAY 2

Hoge Rielen 27.12.2023

K.O.L.

Marie QUISTHOUDT

Omega

Omloop : SD

Afstand : 4020m

Tijd : 1:13:12 (18'13"/km)

34/41

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Jan MARIEN | 0:31:51 |
| 2. Bjorn Idar SAETRAN | 0:34:20 |
| 3. Kris VERDUYCKT | 0:35:38 |

1.	161	00:05:25		240m	22'34"/km
2.	162	00:04:18	00:09:43	212m	20'17"/km
3.	223	00:05:21	00:15:04	333m	16'04"/km
4.	184	00:02:57	00:18:01	151m	19'32"/km
5.	185	00:06:03	00:24:04	192m	31'31"/km
6.	195	00:04:01	00:28:05	159m	25'16"/km
7.	196	00:04:54	00:32:59	226m	21'41"/km
8.	188	00:01:59	00:34:58	103m	19'15"/km
9.	234	00:02:36	00:37:34	134m	19'24"/km
10.	194	00:02:33	00:40:07	146m	17'28"/km
11.	224	00:07:23	00:47:30	524m	14'05"/km
12.	205	00:04:52	00:52:22	347m	14'01"/km
13.	207	00:05:41	00:58:03	232m	24'30"/km
14.	208	00:02:45	01:00:48	141m	19'30"/km
15.	209	00:01:52	01:02:40	123m	15'11"/km
16.	211	00:02:59	01:05:39	206m	14'29"/km
17.	218	00:04:14	01:09:53	199m	21'16"/km
18.	220	00:02:31	01:12:24	258m	9'45"/km
19.	999	00:00:48	01:13:12	100m	8'00"/km

Orienteering Software