



SYLVESTER 5 DAYS 2023 - DAY 1

Pijnven Noord 26.12.2023

Omega

Jeroen HOEKX

hamok

Omloop : HE

Afstand : 8690m

Tijd : 0:53:41 (6'11"/km) [Punten : 866]

7/22

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|----------------|
| 1. Benjamin ANCIAUX | 0:46:29 [1000] |
| 2. Roman ZBRANEK | 0:49:06 [947] |
| 3. Simon KREKELS | 0:49:40 [936] |

1.	172	00:01:21		200m	6'45"/km
2.	178	00:01:34	00:02:55	252m	6'13"/km
3.	111	00:00:55	00:03:50	160m	5'44"/km
4.	114	00:00:57	00:04:47	165m	5'45"/km
5.	121	00:02:24	00:07:11	448m	5'21"/km
6.	149	00:02:47	00:09:58	435m	6'24"/km
7.	147	00:00:54	00:10:52	154m	5'51"/km
8.	142	00:02:18	00:13:10	373m	6'10"/km
9.	143	00:02:23	00:15:33	408m	5'50"/km
10.	145	00:01:54	00:17:27	288m	6'36"/km
11.	146	00:01:40	00:19:07	221m	7'32"/km
12.	140	00:03:38	00:22:45	596m	6'06"/km
13.	139	00:01:30	00:24:15	214m	7'01"/km
14.	161	00:00:34	00:24:49	81m	7'00"/km
15.	137	00:00:58	00:25:47	166m	5'49"/km
16.	135	00:02:44	00:28:31	350m	7'49"/km
17.	132	00:02:56	00:31:27	426m	6'53"/km
18.	133	00:01:03	00:32:30	208m	5'03"/km
19.	165	00:01:27	00:33:57	242m	6'00"/km
20.	129	00:02:22	00:36:19	387m	6'07"/km
21.	127	00:01:25	00:37:44	212m	6'41"/km
22.	124	00:01:37	00:39:21	258m	6'16"/km
23.	123	00:01:41	00:41:02	266m	6'20"/km
24.	113	00:02:11	00:43:13	364m	6'00"/km
25.	115	00:01:13	00:44:26	191m	6'22"/km
26.	119	00:01:13	00:45:39	184m	6'37"/km
27.	151	00:02:29	00:48:08	459m	5'25"/km
28.	155	00:02:36	00:50:44	395m	6'35"/km
29.	158	00:01:11	00:51:55	178m	6'39"/km
30.	169	00:01:22	00:53:17	260m	5'15"/km
31.	999	00:00:24	00:53:41	104m	3'51"/km