

Regionale
Hamont 14.1.2024
hamok

Luc MELIS

hamok

Omloop : H:02

Afstand : 7200m

Tijd : 0:57:22 (7'58"/km)

2/16

O.K.

[Volledige uitslagen op Webres](#)

1. Kim JANSEN 0:53:54
3. Bart MELLEBEEK 0:58:08

1.	31	00:01:51		261m	7'05"/km
2.	32	00:03:00	00:04:51	322m	9'19"/km
3.	68	00:00:54	00:05:45		
4.	33	00:00:29	00:06:14		
5.	56	00:00:39	00:06:53	123m	5'17"/km
6.	34	00:01:30	00:08:23	186m	8'04"/km
7.	35	00:01:19	00:09:42	232m	5'41"/km
8.	36	00:05:08	00:14:50	491m	10'27"/km
9.	37	00:00:44	00:15:34	112m	6'33"/km
10.	38	00:01:22	00:16:56	131m	10'26"/km
11.	39	00:02:44	00:19:40	348m	7'51"/km
12.	40	00:01:59	00:21:39	300m	6'37"/km
13.	41	00:00:48	00:22:27	135m	5'56"/km
14.	42	00:01:06	00:23:33	108m	10'11"/km
15.	62	00:02:45	00:26:18	413m	6'40"/km
16.	46	00:02:18	00:28:36	272m	8'27"/km
17.	59	00:01:29	00:30:05	206m	7'12"/km
18.	39	00:01:56	00:32:01	269m	7'11"/km
19.	47	00:01:13	00:33:14	145m	8'23"/km
20.	48	00:04:11	00:37:25	508m	8'14"/km
21.	60	00:02:47	00:40:12	287m	9'42"/km
22.	49	00:01:53	00:42:05	186m	10'08"/km
23.	50	00:03:21	00:45:26	438m	7'39"/km
24.	51	00:02:52	00:48:18	246m	11'39"/km
25.	52	00:03:13	00:51:31	418m	7'42"/km
26.	53	00:02:16	00:53:47	296m	7'39"/km
27.	54	00:01:04	00:54:51	130m	8'12"/km
28.	55	00:01:02	00:55:53	137m	7'33"/km
29.	61	00:01:11	00:57:04	215m	5'30"/km
30.	999	00:00:18	00:57:22	79m	3'48"/km