



OL Zypendaal-Sonsbeek

Arnhem 28.1.2024

argus

Bert MOLENAAR

HOC'93

Omloop : 5 KM

Afstand : 4940m

Tijd : 1:17:03 (15'36"/km)

30/40

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Vincent VELTHUIS | 0:37:45 |
| 2. Ronald HENDRIKS | 0:41:09 |
| 3. Hanne MOURITS | 0:41:59 |

1.	63	00:02:25		166m	14'33"/km
2.	33	00:03:52	00:06:17	274m	14'07"/km
3.	34	00:05:06	00:11:23	241m	21'10"/km
4.	64	00:02:17	00:13:40	206m	11'05"/km
5.	35	00:02:37	00:16:17	169m	15'29"/km
6.	36	00:03:20	00:19:37	296m	11'16"/km
7.	38	00:04:02	00:23:39	302m	13'21"/km
8.	39	00:04:12	00:27:51	194m	21'39"/km
9.	45	00:02:56	00:30:47	195m	15'03"/km
10.	40	00:03:36	00:34:23	253m	14'14"/km
11.	44	00:04:02	00:38:25	326m	12'22"/km
12.	41	00:02:39	00:41:04	224m	11'50"/km
13.	37	00:05:31	00:46:35	352m	15'40"/km
14.	46	00:05:02	00:51:37	350m	14'23"/km
15.	48	00:05:57	00:57:34	300m	19'50"/km
16.	51	00:03:50	01:01:24	280m	13'41"/km
17.	54	00:03:20	01:04:44		
18.	50	00:05:27	01:10:11	328m	16'37"/km
19.	59	00:04:18	01:14:29	349m	12'19"/km
20.	999	00:02:34	01:17:03	188m	13'39"/km

Orienteering Software