



PROJETO SE ORIENTA DF 2024 - 1º TREINO

PRAÇA CENTRAL DA SQN 103 3.2.2024

MA ORIENTEERING

André Campos Marques da Costa

Clube de Orientação Tiradentes

Percurso : EXPERIENTE

Distancia : 2500m (Desnivel 30m)

Tempo : 0:17:46,226 (7'06"/km)

17/54

O.K.

[Resultados completos em Webres](#)

- | | |
|----------------------------|-------------|
| 1. Artem Lavrinovich | 0:11:55,105 |
| 2. Marcelo Branco Paredes | 0:14:01,554 |
| 3. Walney Nardaci Oliveira | 0:14:19,320 |

1.	35	00:01:29		157m	9'27"/km
2.	34	00:02:40	00:04:09		
3.	36	00:01:56	00:06:05	222m	8'43"/km
4.	39	00:00:56	00:07:01	171m	5'27"/km
5.	46	00:00:49	00:07:50	126m	6'29"/km
6.	42	00:00:39	00:08:29	60m	10'50"/km
7.	40	00:01:12	00:09:41	187m	6'25"/km
8.	43	00:01:28	00:11:09	231m	6'21"/km
9.	42	00:01:18	00:12:27	222m	5'51"/km
10.	44	00:00:57	00:13:24	126m	7'32"/km
11.	38	00:01:05	00:14:29	163m	6'39"/km
12.	42	00:00:43	00:15:12	115m	6'14"/km
13.	37	00:01:30	00:16:42	215m	6'59"/km
14.	45	00:00:57	00:17:39	126m	7'32"/km
15.	999	00:00:07	00:17:46	45m	2'36"/km

HELGA Orienteering Software