



Militair Regelmatigheidscriterium

Tilff 6.2.2024

CC R&A

Sam HABRAKEN

29 Bn Log

Omloop : H:01

Afstand : 8200m

Tijd : 1:22:42 (10'05"/km)

13/54

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Geert SIMKENS | 0:55:24 |
| 2. Tomy JANSSENS | 1:01:26 |
| 3. Jasper MOREELS | 1:05:31 |

1.	163	00:02:25		281m	8'36"/km
2.	101	00:02:12	00:04:37	206m	10'41"/km
3.	112	00:01:19	00:05:56	158m	8'20"/km
4.	113	00:01:42	00:07:38	140m	12'09"/km
5.	178	00:00:58	00:08:36	148m	6'32"/km
6.	179	00:00:00	00:08:36	129m	0'00"/km
7.	143	00:02:59	00:11:35	405m	7'22"/km
8.	154	00:05:05	00:16:40	279m	18'13"/km
9.	173	00:02:31	00:19:11	341m	7'23"/km
10.	114	00:01:49	00:21:00	210m	8'39"/km
11.	115	00:05:41	00:26:41	164m	34'39"/km
12.	129	00:05:42	00:32:23	358m	15'55"/km
13.	146	00:02:35	00:34:58	140m	18'27"/km
14.	131	00:04:09	00:39:07	431m	9'38"/km
15.	116	00:04:06	00:43:13	506m	8'06"/km
16.	117	00:01:46	00:44:59	213m	8'18"/km
17.	171	00:01:43	00:46:42	223m	7'42"/km
18.	118	00:03:14	00:49:56	276m	11'43"/km
19.	149	00:01:30	00:51:26	136m	11'02"/km
20.	147	00:05:09	00:56:35	475m	10'51"/km
21.	148	00:01:35	00:58:10	165m	9'36"/km
22.	134	00:01:45	00:59:55	202m	8'40"/km
23.	120	00:02:36	01:02:31	261m	9'58"/km
24.	150	00:01:55	01:04:26	226m	8'29"/km
25.	121	00:01:38	01:06:04	229m	7'08"/km
26.	137	00:03:05	01:09:09	388m	7'57"/km
27.	152	00:03:32	01:12:41	297m	11'54"/km
28.	139	00:03:20	01:16:01	287m	11'37"/km
29.	144	00:04:47	01:20:48	463m	10'20"/km
30.	110	00:00:53	01:21:41	127m	6'57"/km
31.	180	00:01:01	01:22:42	313m	3'15"/km