



# Militair Regelmatigheidscriterium

Tilff 6.2.2024

CC R&A

**Nico VAN UYTSEL**

Bn Aie

Omloop : H:01

Afstand : 8200m

Tijd : 1:24:52 (10'21"/km)

15/54

O.K.

[Volledige uitslagen op Webres](#)

- |                   |         |
|-------------------|---------|
| 1. Geert SIMKENS  | 0:55:24 |
| 2. Tomy JANSSENS  | 1:01:26 |
| 3. Jasper MOREELS | 1:05:31 |

1.	163	00:01:47		281m	6'21"/km
2.	101	00:01:41	00:03:28	206m	8'10"/km
3.	112	00:01:26	00:04:54	158m	9'04"/km
4.	113	00:01:44	00:06:38	140m	12'23"/km
5.	178	00:00:59	00:07:37	148m	6'39"/km
6.	179	00:00:00	00:07:37	129m	0'00"/km
7.	125	00:02:35	00:10:12	307m	8'25"/km
8.	143	00:00:56	00:11:08		
9.	154	00:03:33	00:14:41	279m	12'43"/km
10.	173	00:09:34	00:24:15	341m	28'03"/km
11.	114	00:04:25	00:28:40	210m	21'02"/km
12.	115	00:01:36	00:30:16	164m	9'45"/km
13.	129	00:04:21	00:34:37	358m	12'09"/km
14.	146	00:03:09	00:37:46	140m	22'30"/km
15.	131	00:04:02	00:41:48	431m	9'21"/km
16.	116	00:04:18	00:46:06	506m	8'30"/km
17.	117	00:02:28	00:48:34	213m	11'35"/km
18.	171	00:01:57	00:50:31	223m	8'45"/km
19.	118	00:01:59	00:52:30	276m	7'11"/km
20.	149	00:03:10	00:55:40	136m	23'17"/km
21.	147	00:04:45	01:00:25	475m	10'00"/km
22.	148	00:01:30	01:01:55	165m	9'05"/km
23.	134	00:01:39	01:03:34	202m	8'10"/km
24.	120	00:01:58	01:05:32	261m	7'32"/km
25.	150	00:01:32	01:07:04	226m	6'47"/km
26.	121	00:02:58	01:10:02	229m	12'57"/km
27.	137	00:02:56	01:12:58	388m	7'34"/km
28.	152	00:02:47	01:15:45	297m	9'22"/km
29.	139	00:02:44	01:18:29	287m	9'31"/km
30.	144	00:04:02	01:22:31	463m	8'43"/km
31.	110	00:01:06	01:23:37	127m	8'40"/km
32.	180	00:01:15	01:24:52	313m	4'00"/km