



Avond-O Oostappense heide

Ommel 23.2.2024

KOVZ

Julia KREKELS

KOVZ

Omloop : D:Orohydro

Afstand : 6190m

Tijd : 1:30:55 (14'41"/km)

4/7

O.K.

[Volledige uitslagen op Webres](#)

1. Ems DE SMUL	1:02:22
2. Tille DE SMUL	1:04:10
3. Elisabeth SCHUTJES	1:15:02

1.	101	00:01:55		147m	13'02"/km
2.	102	00:04:20	00:06:15	316m	13'43"/km
3.	103	00:01:11	00:07:26	117m	10'07"/km
4.	104	00:01:14	00:08:40	109m	11'19"/km
5.	105	00:04:36	00:13:16	364m	12'38"/km
6.	106	00:04:16	00:17:32	253m	16'52"/km
7.	107	00:01:21	00:18:53	141m	9'34"/km
8.	108	00:00:56	00:19:49	80m	11'40"/km
9.	104	00:03:38	00:23:27	280m	12'59"/km
10.	110	00:07:46	00:31:13	335m	23'11"/km
11.	111	00:04:05	00:35:18	274m	14'54"/km
12.	112	00:02:03	00:37:21	180m	11'23"/km
13.	113	00:02:41	00:40:02	215m	12'29"/km
14.	114	00:01:43	00:41:45	219m	7'50"/km
15.	115	00:04:06	00:45:51	282m	14'32"/km
16.	116	00:04:30	00:50:21	299m	15'03"/km
17.	129	00:04:44	00:55:05	154m	30'44"/km
18.	117	00:02:15	00:57:20	235m	9'34"/km
19.	118	00:02:11	00:59:31	179m	12'12"/km
20.	119	00:01:12	01:00:43	125m	9'36"/km
21.	120	00:01:17	01:02:00	109m	11'46"/km
22.	131	00:01:46	01:03:46	194m	9'06"/km
23.	122	00:02:55	01:06:41	232m	12'34"/km
24.	123	00:03:47	01:10:28	369m	10'15"/km
25.	124	00:01:15	01:11:43	84m	14'53"/km
26.	125	00:03:26	01:15:09	267m	12'52"/km
27.	126	00:11:38	01:26:47	276m	42'09"/km
28.	127	00:01:23	01:28:10	147m	9'25"/km
29.	128	00:01:34	01:29:44	118m	13'17"/km
30.	999	00:01:11	01:30:55	86m	13'46"/km