Courses hors relais BCR
Lagland 12.9.2021
C.O. Liège

Patrick KORSTJENS
K.O.L.
Circuit : H:LD
Distance : 6700m (Dénivelé 100m)
Temps : 1:22:11 (12'16"/km)

6/17 O.K.

Résultats complets sur Webres

1.	Robert THEISS	1:00:28
2.	Tom DRYGALSKI	1:01:55
3.	Guido LENGES	1:07:04

1.	128	00:06:12		488m	12'42"/km
2.	114	00:04:17	*00:10:29*	330m	12'59"/km
3.	116	00:04:37	*00:15:06*	474m	9'44"/km
4.	115	00:01:37	*00:16:43*	157m	10'18"/km
5.	123	00:01:50	*00:18:33*	86m	21'19"/km
6.	105	00:02:39	*00:21:12*	285m	9'18"/km
7.	120	00:05:57	*00:27:09*	420m	14'10"/km
8.	90	00:07:20	*00:34:29*	442m	16'35"/km
9.	85	00:05:41	*00:40:10*	344m	16'31"/km
10.	106	00:05:54	*00:46:04*	522m	11'18"/km
11.	107	00:01:59	*00:48:03*	174m	11'24"/km
12.	117	00:01:32	*00:49:35*	102m	15'02"/km
13.	109	00:03:34	*00:53:09*	252m	14'09"/km
14.	90	00:05:13	*00:58:22*	515m	10'08"/km
15.	113	00:05:20	*01:03:42*	492m	10'50"/km
16.	77	00:02:19	*01:06:01*	156m	14'51"/km
17.	88	00:05:04	*01:11:05*	438m	11'34"/km
18.	139	00:04:10	*01:15:15*	367m	11'21"/km
19.	127	00:03:23	*01:18:38*	346m	9'47"/km
20.	122	00:03:18	*01:21:56*	253m	13'03"/km
21.	999	00:00:15	*01:22:11*	98m	2'33"/km

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