

Régionale Middle distance 9 parcours

Lagland 11.9.2021

C.O. Liège

An DUYCK

ASUB

Circuit : D:Noir long

Distance : 5000m (Dénivelé 90m)

Temps : 2:02:55 (24'35"/km)

6/6

O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Jessica LIMPACH | 0:59:25 |
| 2. Stéphanie BLOCKX | 1:05:23 |
| 3. Vinciane Mulpas | 1:07:18 |

1.	158	00:05:30		451m	12'12"/km
2.	149	00:02:20	00:07:50	141m	16'33"/km
3.	31	00:10:11	00:18:01	252m	40'25"/km
4.	83	00:06:40	00:24:41	184m	36'14"/km
5.	147	00:05:24	00:30:05	324m	16'40"/km
6.	156	00:04:32	00:34:37	272m	16'40"/km
7.	143	00:17:27	00:52:04	494m	35'19"/km
8.	87	00:04:19	00:56:23	207m	20'51"/km
9.	161	00:02:28	00:58:51	186m	13'16"/km
10.	82	00:06:05	01:04:56	387m	15'43"/km
11.	163	00:01:41	01:06:37	94m	17'54"/km
12.	152	00:05:04	01:11:41	275m	18'25"/km
13.	151	00:03:48	01:15:29	200m	19'00"/km
14.	164	00:20:34	01:36:03	501m	41'03"/km
15.	86	00:03:05	01:39:08	183m	16'51"/km
16.	88	00:13:39	01:52:47	90m	151'40"/km
17.	89	00:02:25	01:55:12	166m	14'33"/km
18.	81	00:05:15	02:00:27	421m	12'28"/km
19.	122	00:02:12	02:02:39	122m	18'02"/km
20.	999	00:00:16	02:02:55	99m	2'42"/km

Orienteering Software