

Régionale Middle distance 9 parcours

Lagland 11.9.2021

C.O. Liège

Alain MAZY

C.O. Liège

Circuit : H:Noir long

Distance : 5000m (Dénivelé 90m)

Temps : 0:45:50 (9'10"/km)

2/26

O.K.

[Résultats complets sur Webres](#)

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|-----------------------|---------|
| 1. Marc MEEUWSEN | 0:44:30 |
| 3. Bart VAN DE MOORTE | 0:47:43 |

1.	158	00:03:21		451m	7'26"/km
2.	149	00:01:06	00:04:27	141m	7'48"/km
3.	31	00:02:00	00:06:27	252m	7'56"/km
4.	83	00:01:26	00:07:53	184m	7'47"/km
5.	147	00:02:12	00:10:05	324m	6'47"/km
6.	156	00:01:52	00:11:57	272m	6'52"/km
7.	143	00:03:43	00:15:40	494m	7'31"/km
8.	87	00:01:59	00:17:39	207m	9'35"/km
9.	161	00:01:23	00:19:02	186m	7'26"/km
10.	82	00:03:21	00:22:23	387m	8'39"/km
11.	163	00:01:27	00:23:50	94m	15'26"/km
12.	152	00:03:02	00:26:52	275m	11'02"/km
13.	151	00:02:02	00:28:54	200m	10'10"/km
14.	164	00:03:38	00:32:32	501m	7'15"/km
15.	86	00:01:23	00:33:55	183m	7'34"/km
16.	88	00:01:35	00:35:30	90m	17'36"/km
17.	89	00:05:13	00:40:43	166m	31'26"/km
18.	81	00:03:57	00:44:40	421m	9'23"/km
19.	122	00:00:56	00:45:36	122m	7'39"/km
20.	999	00:00:14	00:45:50	99m	2'21"/km

Orienteering Software