

Régionale Middle distance 9 parcours

Lagland 11.9.2021

C.O. Liège

Kim JANSEN

Omega

Circuit : H:Noir long

Distance : 5000m (Dénivelé 90m)

Temps : 0:59:56 (11'59"/km)

10/26

O.K.

[Résultats complets sur Webres](#)

- | | |
|-------------------------|---------|
| 1. Marc MEEUWSEN | 0:44:30 |
| 2. Alain MAZY | 0:45:50 |
| 3. Bart VAN DE MOORTELE | 0:47:43 |

1.	158	00:03:15		451m	7'12"/km
2.	149	00:01:33	00:04:48	141m	11'00"/km
3.	31	00:02:21	00:07:09	252m	9'20"/km
4.	83	00:04:41	00:11:50	184m	25'27"/km
5.	32	00:01:57	00:13:47	191m	10'13"/km
6.	147	00:04:16	00:18:03	141m	30'16"/km
7.	156	00:02:44	00:20:47	272m	10'03"/km
8.	143	00:04:55	00:25:42	494m	9'57"/km
9.	87	00:02:33	00:28:15	207m	12'19"/km
10.	161	00:01:46	00:30:01	186m	9'30"/km
11.	82	00:03:59	00:34:00	387m	10'18"/km
12.	163	00:01:23	00:35:23	94m	14'43"/km
13.	152	00:04:01	00:39:24	275m	14'36"/km
14.	151	00:02:55	00:42:19	200m	14'35"/km
15.	164	00:05:17	00:47:36	501m	10'33"/km
16.	86	00:03:53	00:51:29	183m	21'13"/km
17.	88	00:01:04	00:52:33	90m	11'51"/km
18.	89	00:01:44	00:54:17	166m	10'27"/km
19.	81	00:03:44	00:58:01	421m	8'52"/km
20.	122	00:01:39	00:59:40	122m	13'31"/km
21.	999	00:00:16	00:59:56	99m	2'42"/km

Orienteering Software