

Régionale Middle distance 9 parcours

Lagland 11.9.2021

C.O. Liège

Jean-Pol HOULMONT

C.O. Liège

Circuit : H:Noir long

Distance : 5000m (Dénivelé 90m)

Temps : 1:30:11 (18'02"/km)

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O.K.

[Résultats complets sur Webres](#)

1. Marc MEEUWSEN 0:44:30
2. Alain MAZY 0:45:50
3. Bart VAN DE MOORTELE 0:47:43

1.	158	00:08:20		451m	18'29"/km
2.	149	00:01:50	00:10:10	141m	13'00"/km
3.	31	00:07:05	00:17:15	252m	28'07"/km
4.	83	00:02:07	00:19:22	184m	11'30"/km
5.	147	00:05:11	00:24:33	324m	16'00"/km
6.	156	00:02:40	00:27:13	272m	9'48"/km
7.	143	00:16:18	00:43:31	494m	33'00"/km
8.	87	00:02:38	00:46:09	207m	12'43"/km
9.	161	00:01:48	00:47:57	186m	9'41"/km
10.	82	00:15:19	01:03:16	387m	39'35"/km
11.	163	00:01:15	01:04:31	94m	13'18"/km
12.	152	00:03:28	01:07:59	275m	12'36"/km
13.	151	00:04:17	01:12:16	200m	21'25"/km
14.	164	00:06:21	01:18:37	501m	12'40"/km
15.	86	00:01:54	01:20:31	183m	10'23"/km
16.	88	00:01:19	01:21:50	90m	14'38"/km
17.	89	00:01:22	01:23:12	166m	8'14"/km
18.	81	00:04:07	01:27:19	421m	9'47"/km
19.	122	00:02:35	01:29:54	122m	21'10"/km
20.	999	00:00:17	01:30:11	99m	2'52"/km



Orienteering Software