BK lange afstand
Helchterenbos - Koersel 19.9.2021
K.O.L.

Hilde VERCAEREN
K.O.L.
Omloop : D55
Afstand : 4670m
Tijd : 1:10:40 (15'08"/km)

8/13 O.K.

Volledige uitslagen op Webres

1.	Françoise RENARD	0:48:10,894
2.	Marijs VANDEWEYER	0:50:17
3.	Linda VERBRAKEN	0:52:30

1.	142	00:03:27		246m	14'01"/km
2.	134	00:05:26	*00:08:53*	369m	14'43"/km
3.	131	00:07:51	*00:16:44*	228m	34'26"/km
4.	127	00:04:44	*00:21:28*		
5.	126	00:01:09	*00:22:37*	90m	12'47"/km
6.	127	00:00:59	*00:23:36*	90m	10'56"/km
7.	157	00:06:58	*00:30:34*	690m	10'06"/km
8.	154	00:02:15	*00:32:49*	193m	11'39"/km
9.	151	00:02:25	*00:35:14*	197m	12'16"/km
10.	161	00:03:50	*00:39:04*	408m	9'24"/km
11.	166	00:00:00	*00:39:04*	366m	0'00"/km
12.	169	00:03:40	*00:42:44*	342m	10'43"/km
13.	175	01:10:51	*01:53:35*	333m	212'46"/km
14.	196	00:07:15	*02:00:50*	468m	15'29"/km
15.	200	00:03:08	*02:03:58*	203m	15'26"/km
16.	220	00:01:34	*02:05:32*	104m	15'04"/km
17.	999	00:01:01	*02:06:33*	165m	6'10"/km

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