



BK lange afstand
Helchterenbos - Koersel 19.9.2021
K.O.L.

Monica ROELING

TROL

Omloop : D65

Afstand : 3950m

Tijd : 1:04:58 (16'27"/km)

5/9

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Lea SWINNEN | 0:45:47 |
| 2. Nicole VANHEES | 0:48:43 |
| 3. Paulette BLOMMEN | 0:55:11 |

1.	140	00:06:45		296m	22'48"/km
2.	135	00:05:39	00:12:24	285m	19'49"/km
3.	133	00:04:07	00:16:31	208m	19'47"/km
4.	131	00:03:42	00:20:13	222m	16'40"/km
5.	129	00:03:48	00:24:01	199m	19'06"/km
6.	157	00:07:50	00:31:51	597m	13'07"/km
7.	161	00:04:20	00:36:11	279m	15'32"/km
8.	166	00:00:00	00:36:11	366m	0'00"/km
9.	169	00:04:32	00:40:43	342m	13'15"/km
10.	174	01:05:07	01:45:50	289m	225'19"/km
11.	196	00:07:46	01:53:36	400m	19'25"/km
12.	220	00:05:28	01:59:04	302m	18'06"/km
13.	999	00:01:15	02:00:19	165m	7'35"/km

HELGA

Orienteering Software