



BK lange afstand

Helchterenbos - Koersel 19.9.2021

K.O.L.

Thomas VAN DER KLEIJ

hamok

Omloop : HE

Afstand : 15880m

Tijd : 1:37:36 (6'09"/km)

7/23

O.K.

[Volledige uitslagen op Webres](#)

1. Wouter HUS 1:30:39
2. Gilles DE NEYER 1:30:47
3. Evert LEEUWS 1:32:57

1.	136	00:03:49		582m	6'33"/km
2.	114	00:04:53	00:08:42	902m	5'25"/km
3.	115	00:00:38	00:09:20	104m	6'05"/km
4.	111	00:01:55	00:11:15	374m	5'07"/km
5.	118	00:01:05	00:12:20	159m	6'49"/km
6.	120	00:01:27	00:13:47	283m	5'07"/km
7.	157	00:06:11	00:19:58	997m	6'12"/km
8.	153	00:01:23	00:21:21	221m	6'16"/km
9.	164	00:00:00	00:21:21	495m	0'00"/km
10.	124	01:05:35	01:26:56	1060m	61'52"/km
11.	129	00:02:33	01:29:29	492m	5'11"/km
12.	133	00:02:07	01:31:36	397m	5'20"/km
13.	141	00:02:10	01:33:46	384m	5'39"/km
14.	158	00:02:42	01:36:28	404m	6'41"/km
15.	181	00:09:40	01:46:08	1625m	5'57"/km
16.	177	00:04:06	01:50:14	698m	5'52"/km
17.	178	00:02:25	01:52:39	442m	5'28"/km
18.	179	00:02:38	01:55:17	345m	7'38"/km
19.	175	00:03:21	01:58:38	546m	6'08"/km
20.	208	00:09:03	02:07:41	1378m	6'34"/km
21.	188	00:02:35	02:10:16	399m	6'28"/km
22.	189	00:03:20	02:13:36	377m	8'51"/km
23.	184	00:02:42	02:16:18	396m	6'49"/km
24.	186	00:02:47	02:19:05	457m	6'05"/km
25.	209	00:04:38	02:23:43	664m	6'59"/km
26.	207	00:02:31	02:26:14	384m	6'33"/km
27.	191	00:02:10	02:28:24	337m	6'26"/km
28.	193	00:01:08	02:29:32	182m	6'14"/km
29.	204	00:01:48	02:31:20	275m	6'33"/km
30.	220	00:02:37	02:33:57	356m	7'21"/km
31.	999	00:00:41	02:34:38	165m	4'08"/km