



HOS Kuringen

Hasselt 7.10.2021

Omega

Ferdinand GEBOERS

K.O.L.

Course : H:01

Distance : 4940m

Time : 0:52:38 (10'39"/km)

7/14

O.K.

[Full result on Webres](#)

1. Noël NIJSTEN	0:36:01
2. Filip KENNIS	0:39:44
3. James GILBERT	0:39:59

1.	97	00:00:47		136m	5'46"/km
2.	98	00:00:57	00:01:44	90m	10'33"/km
3.	71	00:01:48	00:03:32	172m	10'28"/km
4.	72	00:03:26	00:06:58	504m	6'49"/km
5.	77	00:02:24	00:09:22	381m	6'18"/km
6.	73	00:00:52	00:10:14	105m	8'15"/km
7.	96	00:03:04	00:13:18	369m	8'19"/km
8.	76	00:02:52	00:16:10	302m	9'30"/km
9.	74	00:02:36	00:18:46	307m	8'28"/km
10.	95	00:01:24	00:20:10	198m	7'04"/km
11.	103	00:00:42	00:20:52	109m	6'25"/km
12.	75	00:01:15	00:22:07	112m	11'10"/km
13.	78	00:06:08	00:28:15	167m	36'44"/km
14.	79	00:03:29	00:31:44	165m	21'07"/km
15.	80	00:01:18	00:33:02	136m	9'34"/km
16.	85	00:01:53	00:34:55		
17.	81	00:00:38	00:35:33		
18.	84	00:01:06	00:36:39	98m	11'13"/km
19.	83	00:00:42	00:37:21	108m	6'29"/km
20.	100	00:00:24	00:37:45	54m	7'24"/km
21.	82	00:00:59	00:38:44	127m	7'45"/km
22.	85	00:00:38	00:39:22	63m	10'03"/km
23.	105	00:02:11	00:41:33	252m	8'40"/km
24.	87	00:02:01	00:43:34	158m	12'46"/km
25.	88	00:01:35	00:45:09	72m	21'59"/km
26.	104	00:01:06	00:46:15	54m	20'22"/km
27.	90	00:00:49	00:47:04	89m	9'11"/km
28.	91	00:02:13	00:49:17	103m	21'31"/km
29.	92	00:01:13	00:50:30	156m	7'48"/km
30.	93	00:01:04	00:51:34	81m	13'10"/km
31.	94	00:00:46	00:52:20	56m	13'41"/km
32.	999	00:00:18	00:52:38	30m	10'00"/km