

Stephen GILMORE

Lagan Valley Orienteers

Course : SuperVet Men (H55-64)

Distance : 3900m (Climbing 165m)

Time : 0:50:18 (12'54"/km)

25/44

O.K.

[Full result on Webres](#)

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|---------------------|---------|
| 1. Per SPIK | 0:30:53 |
| 2. Robert THEISS | 0:32:06 |
| 3. Grégoire SCHRAGO | 0:33:36 |

1.	163	00:01:57		166m	11'45"/km
2.	165	00:05:49	00:07:46	498m	11'41"/km
3.	141	00:02:28	00:10:14	199m	12'24"/km
4.	142	00:01:43	00:11:57	133m	12'54"/km
5.	143	00:03:42	00:15:39	319m	11'36"/km
6.	145	00:07:04	00:22:43	411m	17'12"/km
7.	146	00:01:42	00:24:25	114m	14'55"/km
8.	147	00:02:11	00:26:36	135m	16'10"/km
9.	148	00:03:23	00:29:59	285m	11'52"/km
10.	149	00:02:22	00:32:21	193m	12'16"/km
11.	154	00:04:29	00:36:50	263m	17'03"/km
12.	155	00:06:54	00:43:44	404m	17'05"/km
13.	156	00:03:29	00:47:13	384m	9'04"/km
14.	100	00:02:23	00:49:36	242m	9'51"/km
15.	999	00:00:42	00:50:18	153m	4'35"/km

HELGA
Orienteering Software