



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Tania HENDRICKX

hamok

Omloop : D35

Afstand : 5830m (Hoogteverschil 160m)

Tijd : 1:34:46 (16'15"/km)

1/3

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|-------------|
| 2. Sonja ROSIUS | 1:36:16 |
| 3. Wendy CAMPSTEYN | 1:40:40,218 |

1.	163	00:17:47		1194m	14'54"/km
2.	164	00:03:43	00:21:30	250m	14'52"/km
3.	135	00:08:35	00:30:05	494m	17'23"/km
4.	173	00:08:43	00:38:48	534m	16'19"/km
5.	151	00:08:49	00:47:37	582m	15'09"/km
6.	168	00:07:19	00:54:56	308m	23'45"/km
7.	169	00:10:48	01:05:44	723m	14'56"/km
8.	153	00:05:31	01:11:15	107m	51'33"/km
9.	146	00:04:08	01:15:23	111m	37'14"/km
10.	154	00:02:51	01:18:14	102m	27'56"/km
11.	147	00:03:41	01:21:55	203m	18'09"/km
12.	148	00:08:27	01:30:22	603m	14'01"/km
13.	120	00:03:45	01:34:07	386m	9'43"/km
14.	999	00:00:39	01:34:46	100m	6'30"/km

HELGA

Orienteering Software