



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Laurence DRABS

ASUB

Omloop : D45

Afstand : 5830m (Hoogteverschil 160m)

Tijd : 1:24:55 (14'34"/km)

2/3

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------|-------------|
| 1. Vanessa RASQUINET | 1:07:19,363 |
| 3. Leen JESPER | 1:40:40 |

1.	163	00:13:22		1194m	11'12"/km
2.	164	00:04:15	00:17:37	250m	17'00"/km
3.	135	00:05:48	00:23:25	494m	11'44"/km
4.	173	00:06:57	00:30:22	534m	13'01"/km
5.	151	00:08:49	00:39:11	582m	15'09"/km
6.	168	00:08:50	00:48:01	308m	28'41"/km
7.	169	00:08:59	00:57:00	723m	12'26"/km
8.	153	00:03:24	01:00:24	107m	31'47"/km
9.	146	00:03:45	01:04:09	111m	33'47"/km
10.	154	00:02:11	01:06:20	102m	21'24"/km
11.	147	00:03:59	01:10:19	203m	19'37"/km
12.	148	00:10:22	01:20:41	603m	17'12"/km
13.	120	00:03:40	01:24:21	386m	9'30"/km
14.	999	00:00:34	01:24:55	100m	5'40"/km

HELGA

Orienteering Software