



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Laurence AUGHUET

ThOR

Omloop : D50

Afstand : 4990m (Hoogteverschil 160m)

Tijd : 1:11:37 (14'21"/km)

2/3

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------|-------------|
| 1. Annette LEONHARDT | 1:06:53,750 |
| 3. Marijke DEBRUYNE | 1:27:00 |

1.	165	00:13:58		931m	15'00"/km
2.	163	00:05:49	00:19:47	372m	15'38"/km
3.	122	00:02:30	00:22:17	222m	11'16"/km
4.	118	00:07:54	00:30:11	554m	14'16"/km
5.	159	00:05:22	00:35:33	393m	13'39"/km
6.	174	00:04:01	00:39:34	280m	14'21"/km
7.	160	00:05:37	00:45:11	223m	25'11"/km
8.	121	00:09:04	00:54:15	595m	15'14"/km
9.	151	00:01:19	00:55:34	107m	12'18"/km
10.	152	00:05:30	01:01:04	324m	16'59"/km
11.	145	00:05:35	01:06:39	365m	15'18"/km
12.	120	00:04:13	01:10:52	396m	10'39"/km
13.	999	00:00:45	01:11:37	100m	7'30"/km

HELGA

Orienteering Software