



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Françoise RENARD

C.O. Liège

Omloop : D55

Afstand : 4990m (Hoogteverschil 160m)

Tijd : 1:06:55,714 (13'25"/km)

4/7

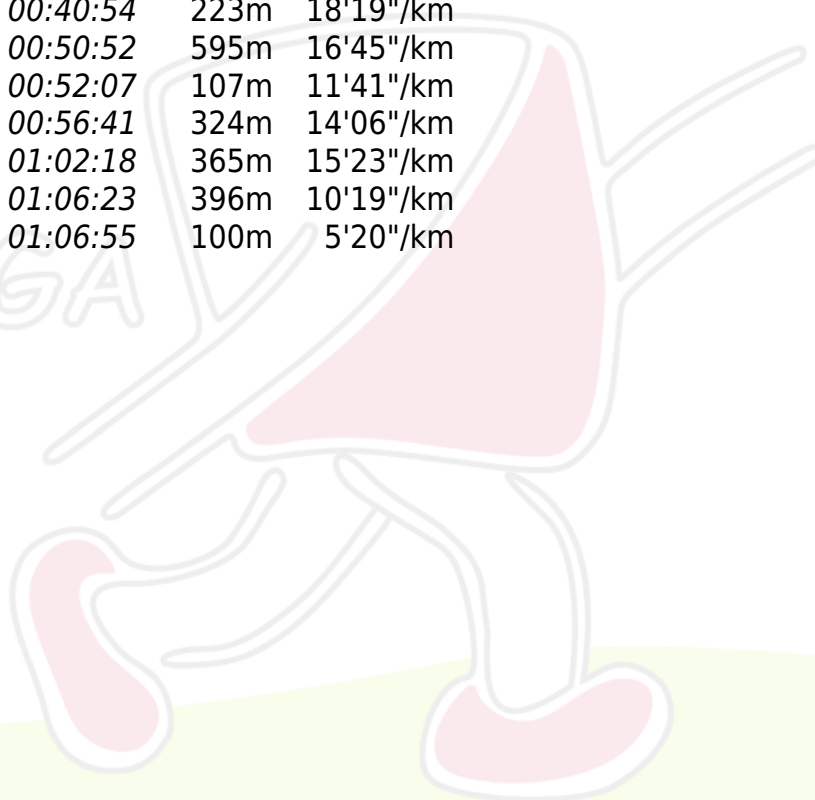
O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------|---------|
| 1. Linda VERBRAKEN | 1:03:26 |
| 2. Marijs VANDEWEYER | 1:05:00 |
| 3. Leen WOUTERS | 1:06:29 |

1.	165	00:11:22		931m	12'13"/km
2.	163	00:05:32	00:16:54	372m	14'52"/km
3.	122	00:01:58	00:18:52	222m	8'52"/km
4.	135	00:08:30	00:27:22		
5.	118	00:01:07	00:28:29		
6.	159	00:04:57	00:33:26	393m	12'36"/km
7.	174	00:03:23	00:36:49	280m	12'05"/km
8.	160	00:04:05	00:40:54	223m	18'19"/km
9.	121	00:09:58	00:50:52	595m	16'45"/km
10.	151	00:01:15	00:52:07	107m	11'41"/km
11.	152	00:04:34	00:56:41	324m	14'06"/km
12.	145	00:05:37	01:02:18	365m	15'23"/km
13.	120	00:04:05	01:06:23	396m	10'19"/km
14.	999	00:00:32	01:06:55	100m	5'20"/km

HELGA



Orienteering Software