



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Agnès PONCELET

C.O. Liège

Omloop : D70

Afstand : 3140m (Hoogteverschil 90m)

Tijd : 0:59:39 (19'00"/km)

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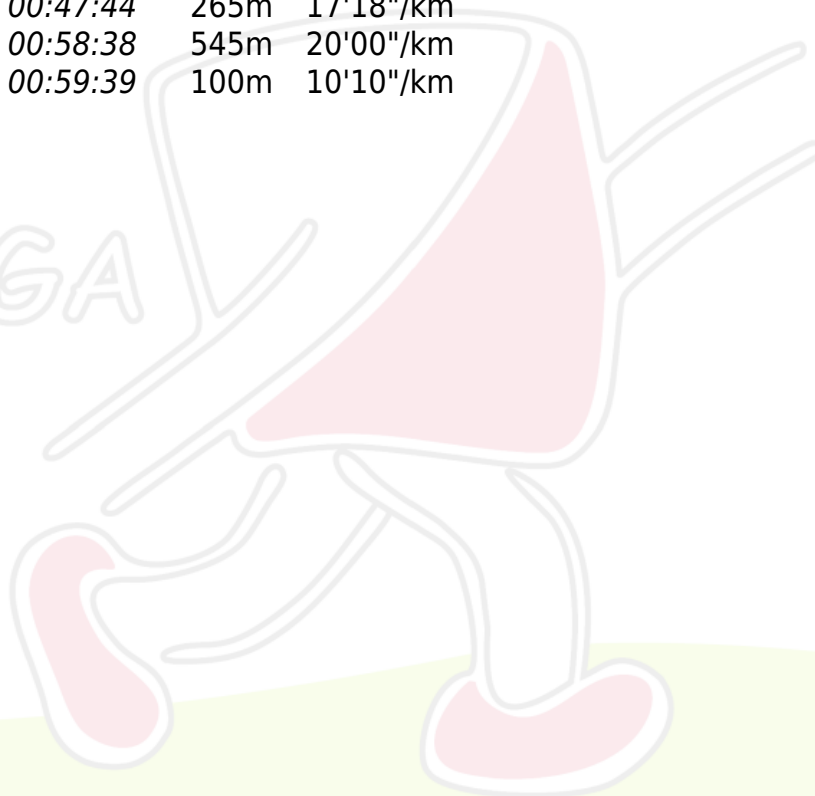
O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|-------------|
| 1. Monique DEFFENSE | 0:48:09,859 |
| 2. Lisette EYKMANS | 0:48:46 |
| 3. Lieve GEENS | 0:52:45,730 |

1.	136	00:08:12		474m	17'18"/km
2.	174	00:03:43	00:11:55	126m	29'30"/km
3.	123	00:09:42	00:21:37	402m	24'08"/km
4.	166	00:03:33	00:25:10	141m	25'11"/km
5.	167	00:07:03	00:32:13	357m	19'45"/km
6.	175	00:05:25	00:37:38	286m	18'56"/km
7.	165	00:05:31	00:43:09	319m	17'18"/km
8.	137	00:04:35	00:47:44	265m	17'18"/km
9.	120	00:10:54	00:58:38	545m	20'00"/km
10.	999	00:01:01	00:59:39	100m	10'10"/km

HELGA



Orienteering Software