



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Françoise CHATELAIN-NANOUX

Hermathenae

Omloop : D70

Afstand : 3140m (Hoogteverschil 90m)

Tijd : 1:04:12 (20'27"/km)

5/6

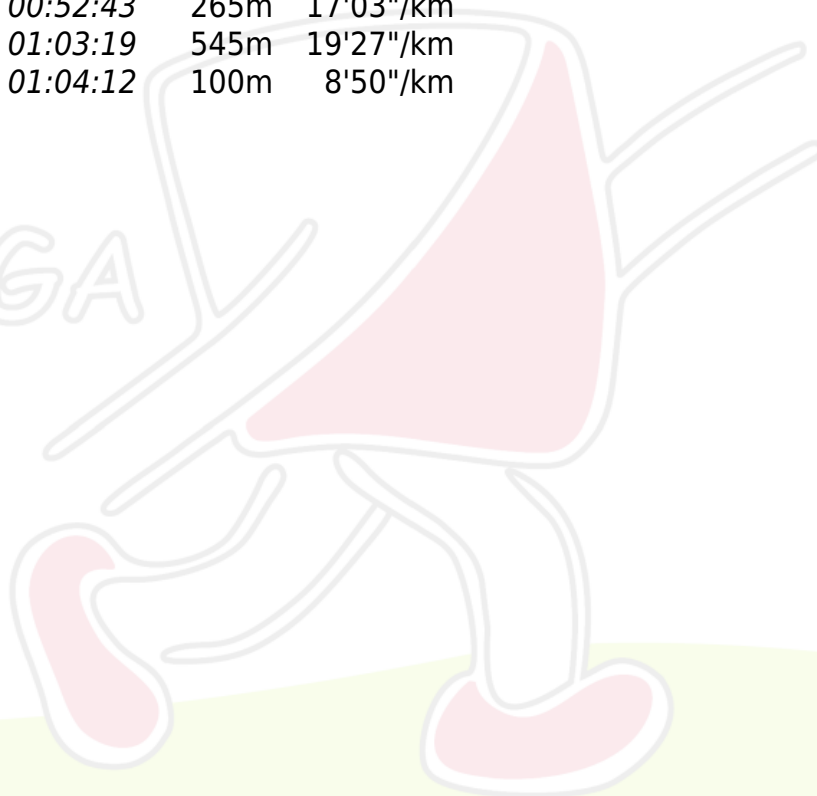
O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|-------------|
| 1. Monique DEFFENSE | 0:48:09,859 |
| 2. Lisette EYKMANS | 0:48:46 |
| 3. Lieve GEENS | 0:52:45,730 |

1.	136	00:09:00		474m	18'59"/km
2.	174	00:05:39	00:14:39	126m	44'50"/km
3.	123	00:10:06	00:24:45	402m	25'07"/km
4.	166	00:04:02	00:28:47	141m	28'36"/km
5.	167	00:08:56	00:37:43	357m	25'01"/km
6.	175	00:05:10	00:42:53	286m	18'04"/km
7.	165	00:05:19	00:48:12	319m	16'40"/km
8.	137	00:04:31	00:52:43	265m	17'03"/km
9.	120	00:10:36	01:03:19	545m	19'27"/km
10.	999	00:00:53	01:04:12	100m	8'50"/km

HELGA



Orienteering Software