



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Gert GEBOERS

K.O.L.

Omloop : H21

Afstand : 9710m (Hoogteverschil 210m)

Tijd : 1:42:29 (10'33"/km)

3/4

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------|-------------|
| 1. Lennert LENS | 1:20:27,109 |
| 2. Nico CEUNEN | 1:26:26,828 |

1.	137	00:08:31		828m	10'17"/km
2.	151	00:06:23	00:14:54	380m	16'48"/km
3.	152	00:03:13	00:18:07	324m	9'56"/km
4.	141	00:07:02	00:25:09	791m	8'54"/km
5.	144	00:01:21	00:26:30	151m	8'56"/km
6.	150	00:02:07	00:28:37	164m	12'54"/km
7.	146	00:03:28	00:32:05	291m	11'55"/km
8.	116	00:02:33	00:34:38	205m	12'26"/km
9.	156	00:01:34	00:36:12	118m	13'17"/km
10.	130	00:22:13	00:58:25	2433m	9'08"/km
11.	140	00:03:16	01:01:41	271m	12'03"/km
12.	157	00:05:53	01:07:34	292m	20'09"/km
13.	126	00:04:09	01:11:43	417m	9'57"/km
14.	158	00:03:24	01:15:07	356m	9'33"/km
15.	131	00:02:57	01:18:04	248m	11'54"/km
16.	123	00:07:08	01:25:12	700m	10'11"/km
17.	159	00:03:44	01:28:56	235m	15'53"/km
18.	136	00:04:42	01:33:38	403m	11'40"/km
19.	160	00:01:52	01:35:30	135m	13'50"/km
20.	117	00:02:59	01:38:29	269m	11'05"/km
21.	120	00:03:24	01:41:53	468m	7'16"/km
22.	999	00:00:36	01:42:29	100m	6'00"/km

Orienteering Software