



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Bart MELLEBECK

hamok

Omloop : H55

Afstand : 6800m (Hoogteverschil 170m)

Tijd : 1:09:44 (10'15"/km)

5/16

O.K.

[Volledige uitslagen op Webres](#)

1. Guy TIREZ	1:00:45,421
2. Marc MEEUWSEN	1:01:47,382
3. Serge BAERT	1:02:50,753

1.	137	00:13:02		828m	15'44"/km
2.	142	00:09:24	00:22:26	1309m	7'11"/km
3.	143	00:02:48	00:25:14	232m	12'04"/km
4.	170	00:01:37	00:26:51	153m	10'34"/km
5.	150	00:04:58	00:31:49	181m	27'26"/km
6.	141	00:01:14	00:33:03	141m	8'45"/km
7.	147	00:04:11	00:37:14	355m	11'47"/km
8.	156	00:02:00	00:39:14	185m	10'49"/km
9.	161	00:03:58	00:43:12	487m	8'09"/km
10.	168	00:04:30	00:47:42	243m	18'31"/km
11.	164	00:06:53	00:54:35	821m	8'23"/km
12.	135	00:04:09	00:58:44	494m	8'24"/km
13.	173	00:05:07	01:03:51	534m	9'35"/km
14.	145	00:02:44	01:06:35	213m	12'50"/km
15.	120	00:02:41	01:09:16	396m	6'47"/km
16.	999	00:00:28	01:09:44	100m	4'40"/km

Orienteering Software