



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Paul CORTHOUTS

K.O.L.

Omloop : H60

Afstand : 5830m (Hoogteverschil 160m)

Tijd : 2:00:43 (20'42"/km)

15/17

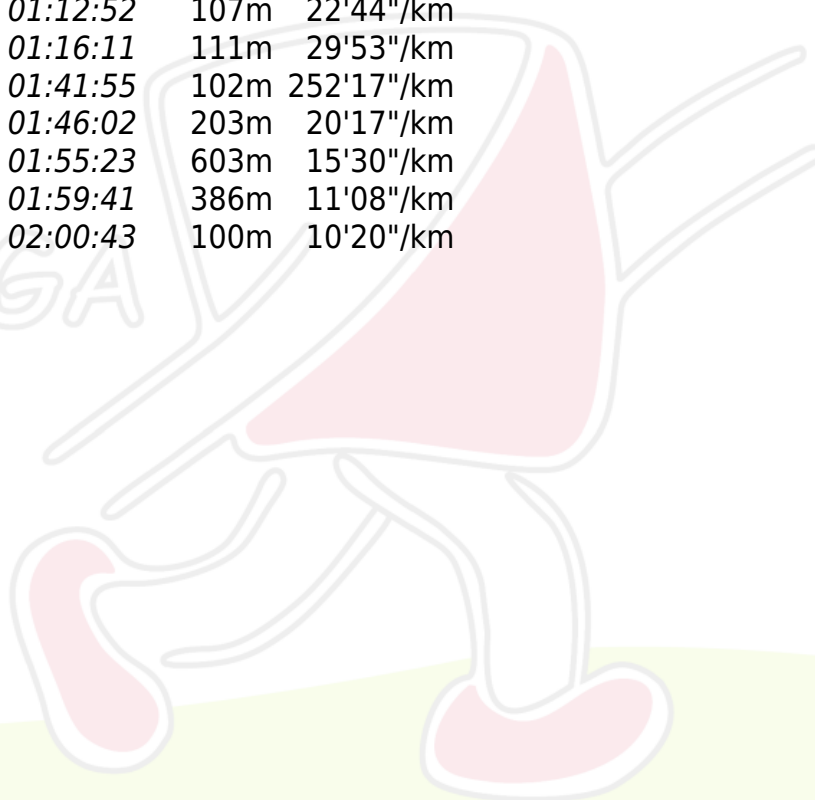
O.K.

[Volledige uitslagen op Webres](#)

1. Luc MELIS	0:49:37
2. Patrick MOSSOUX	0:52:59
3. Hennie KENNIS	1:00:15,660

1.	163	00:18:24		1194m	15'25"/km
2.	164	00:03:31	00:21:55	250m	14'04"/km
3.	135	00:10:49	00:32:44	494m	21'54"/km
4.	173	00:08:47	00:41:31	534m	16'27"/km
5.	151	00:09:55	00:51:26	582m	17'02"/km
6.	168	00:07:30	00:58:56	308m	24'21"/km
7.	169	00:11:30	01:10:26	723m	15'54"/km
8.	153	00:02:26	01:12:52	107m	22'44"/km
9.	146	00:03:19	01:16:11	111m	29'53"/km
10.	154	00:25:44	01:41:55	102m	252'17"/km
11.	147	00:04:07	01:46:02	203m	20'17"/km
12.	148	00:09:21	01:55:23	603m	15'30"/km
13.	120	00:04:18	01:59:41	386m	11'08"/km
14.	999	00:01:02	02:00:43	100m	10'20"/km

HELGA



Orienteering Software