



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Pierre WILLEMS

ASUB

Omloop : H65

Afstand : 4990m (Hoogteverschil 160m)

Tijd : 0:49:15 (9'52"/km)

1/12

O.K.

[Volledige uitslagen op Webres](#)

2. Jackie VANDIJCK 0:54:39,773
3. Alfred SIMKENS 1:00:49,386

1.	165	00:09:12		931m	9'53"/km
2.	163	00:03:47	00:12:59	372m	10'10"/km
3.	122	00:01:34	00:14:33	222m	7'03"/km
4.	118	00:06:07	00:20:40	554m	11'02"/km
5.	159	00:03:33	00:24:13	393m	9'02"/km
6.	174	00:02:33	00:26:46	280m	9'06"/km
7.	160	00:03:43	00:30:29	223m	16'40"/km
8.	121	00:07:19	00:37:48	595m	12'18"/km
9.	151	00:01:02	00:38:50	107m	9'39"/km
10.	152	00:03:26	00:42:16	324m	10'36"/km
11.	145	00:03:34	00:45:50	365m	9'46"/km
12.	120	00:02:54	00:48:44	396m	7'19"/km
13.	999	00:00:31	00:49:15	100m	5'10"/km

HELGA

Orienteering Software