



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Alfons BAKELANTS

K.O.L.

Omloop : H65

Afstand : 4990m (Hoogteverschil 160m)

Tijd : 1:08:34 (13'44"/km)

6/12

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|-------------|
| 1. Pierre WILLEMS | 0:49:15 |
| 2. Jackie VANDIJCK | 0:54:39,773 |
| 3. Alfred SIMKENS | 1:00:49,386 |

1.	165	00:11:05		931m	11'54"/km
2.	163	00:05:33	00:16:38	372m	14'55"/km
3.	122	00:02:32	00:19:10	222m	11'25"/km
4.	118	00:07:35	00:26:45	554m	13'41"/km
5.	159	00:04:49	00:31:34	393m	12'15"/km
6.	174	00:03:39	00:35:13	280m	13'02"/km
7.	160	00:05:42	00:40:55	223m	25'34"/km
8.	121	00:09:39	00:50:34	595m	16'13"/km
9.	151	00:02:36	00:53:10	107m	24'18"/km
10.	152	00:05:06	00:58:16	324m	15'44"/km
11.	145	00:05:37	01:03:53	365m	15'23"/km
12.	120	00:04:07	01:08:00	396m	10'24"/km
13.	999	00:00:34	01:08:34	100m	5'40"/km

HELGA

Orienteering Software