



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Jean-Pierre KELLENS

K.O.L.

Omloop : H65

Afstand : 4990m (Hoogteverschil 160m)

Tijd : 1:12:34 (14'33"/km)

8/12

O.K.

[Volledige uitslagen op Webres](#)

1. Pierre WILLEMS	0:49:15
2. Jackie VANDIJCK	0:54:39,773
3. Alfred SIMKENS	1:00:49,386

1.	165	00:15:08		931m	16'15"/km
2.	163	00:05:47	00:20:55	372m	15'33"/km
3.	122	00:02:42	00:23:37	222m	12'10"/km
4.	118	00:08:28	00:32:05	554m	15'17"/km
5.	159	00:05:10	00:37:15	393m	13'09"/km
6.	174	00:04:00	00:41:15	280m	14'17"/km
7.	160	00:04:25	00:45:40	223m	19'48"/km
8.	121	00:09:23	00:55:03	595m	15'46"/km
9.	151	00:02:15	00:57:18	107m	21'02"/km
10.	152	00:05:12	01:02:30	324m	16'03"/km
11.	145	00:05:23	01:07:53	365m	14'45"/km
12.	120	00:04:07	01:12:00	396m	10'24"/km
13.	999	00:00:34	01:12:34	100m	5'40"/km

HELGA

Orienteering Software