



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Eddie DESMEDT

TROL

Omloop : H70

Afstand : 4330m (Hoogteverschil 120m)

Tijd : 1:04:01 (14'47"/km)

13/20

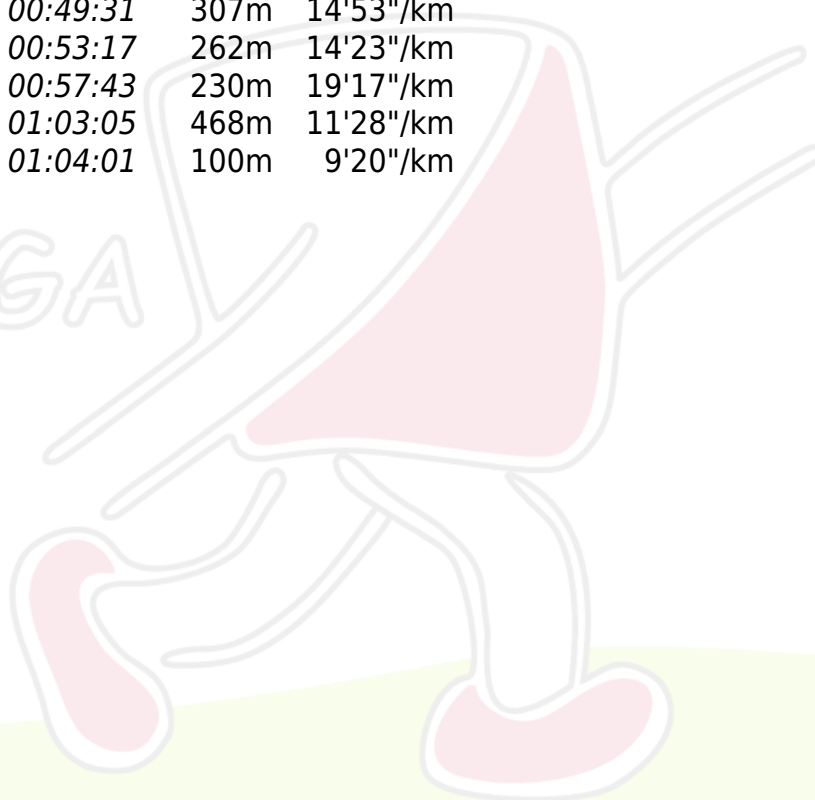
O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|-------------|
| 1. Alfred RAES | 0:52:06 |
| 2. Rudy CANTRE | 0:52:22 |
| 3. Christian KRINGS | 0:53:38,898 |

1.	160	00:09:03		581m	15'35"/km
2.	118	00:07:43	00:16:46	504m	15'19"/km
3.	166	00:09:42	00:26:28	640m	15'09"/km
4.	123	00:02:08	00:28:36	141m	15'08"/km
5.	159	00:05:25	00:34:01	235m	23'03"/km
6.	174	00:03:42	00:37:43	280m	13'13"/km
7.	165	00:07:14	00:44:57	454m	15'56"/km
8.	176	00:04:34	00:49:31	307m	14'53"/km
9.	171	00:03:46	00:53:17	262m	14'23"/km
10.	117	00:04:26	00:57:43	230m	19'17"/km
11.	120	00:05:22	01:03:05	468m	11'28"/km
12.	999	00:00:56	01:04:01	100m	9'20"/km

HELGA



Orienteering Software