



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Jos THYS

hamok

Omloop : H75

Afstand : 3140m (Hoogteverschil 90m)

Tijd : 0:46:16 (14'44"/km)

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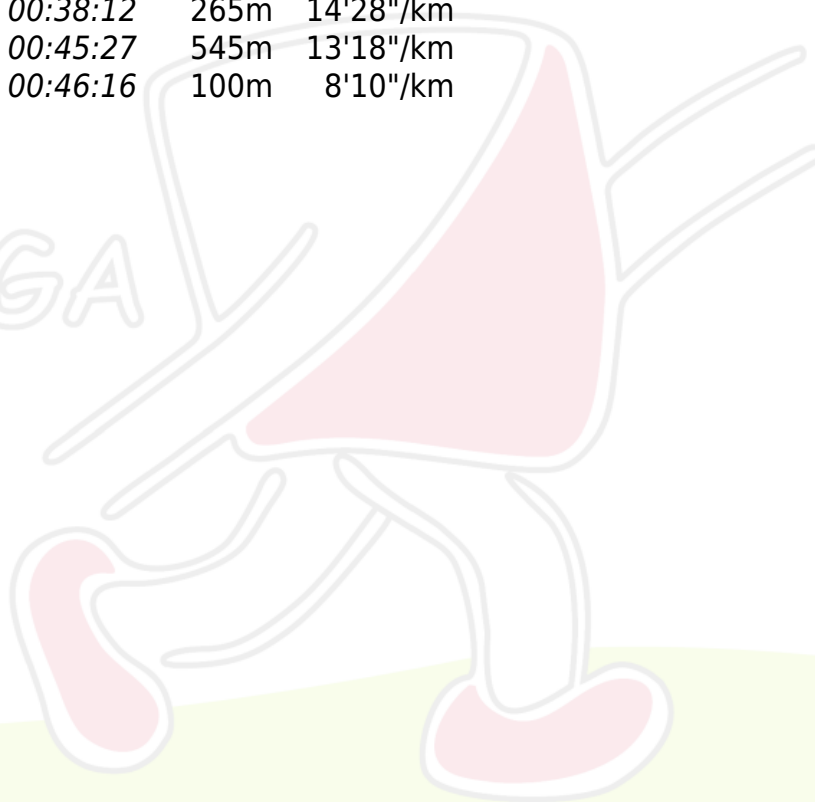
O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Mike IN 'T GROEN | 0:40:39 |
| 3. Bert GEUDENS | 0:49:46 |

1.	136	00:07:43		474m	16'17"/km
2.	174	00:02:26	00:10:09	126m	19'19"/km
3.	123	00:07:00	00:17:09	402m	17'25"/km
4.	166	00:02:49	00:19:58	141m	19'59"/km
5.	167	00:05:24	00:25:22	357m	15'08"/km
6.	175	00:03:57	00:29:19	286m	13'49"/km
7.	165	00:05:03	00:34:22	319m	15'50"/km
8.	137	00:03:50	00:38:12	265m	14'28"/km
9.	120	00:07:15	00:45:27	545m	13'18"/km
10.	999	00:00:49	00:46:16	100m	8'10"/km

HELGA



Orienteering Software