



Klommen-O 2021

Galgenberg 7.11.2021

KOVZ

Pawel PRUSZKOWSKI

Free runners

Omloop : H:01

Afstand : 8400m

Tijd : 1:44:40 (12'28"/km)

14/15

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Jeroen HOEKX | 0:50:55 |
| 2. Remco HERELJGERS | 0:58:02 |
| 3. Lennert LENS | 0:58:25 |

1.	138	00:03:07		259m	12'02"/km
2.	114	00:00:52	00:03:59	104m	8'20"/km
3.	117	00:04:15	00:08:14	118m	36'01"/km
4.	119	00:02:20	00:10:34	228m	10'14"/km
5.	123	00:02:30	00:13:04	173m	14'27"/km
6.	130	00:04:15	00:17:19	380m	11'11"/km
7.	145	00:01:23	00:18:42	102m	13'34"/km
8.	143	00:01:20	00:20:02	119m	11'12"/km
9.	127	00:03:16	00:23:18	330m	9'54"/km
10.	148	00:07:46	00:31:04	757m	10'16"/km
11.	142	00:05:56	00:37:00	596m	9'57"/km
12.	132	00:01:54	00:38:54	158m	12'02"/km
13.	140	00:01:54	00:40:48	148m	12'50"/km
14.	142	00:01:49	00:42:37	156m	11'39"/km
15.	133	00:08:25	00:51:02	331m	25'26"/km
16.	150	00:02:16	00:53:18	232m	9'46"/km
17.	142	00:02:43	00:56:01	281m	9'40"/km
18.	151	00:02:39	00:58:40	225m	11'47"/km
19.	106	00:05:21	01:04:01	635m	8'26"/km
20.	134	00:04:16	01:08:17	229m	18'38"/km
21.	137	00:01:55	01:10:12	146m	13'08"/km
22.	131	00:03:23	01:13:35	295m	11'28"/km
23.	135	00:02:46	01:16:21	287m	9'38"/km
24.	147	00:01:42	01:18:03	185m	9'11"/km
25.	144	00:09:31	01:27:34	325m	29'17"/km
26.	125	00:01:04	01:28:38	125m	8'32"/km
27.	120	00:04:19	01:32:57	439m	9'50"/km
28.	128	00:01:29	01:34:26	67m	22'08"/km
29.	136	00:03:43	01:38:09	423m	8'47"/km
30.	105	00:02:53	01:41:02	272m	10'36"/km
31.	103	00:01:47	01:42:49	104m	17'09"/km
32.	100	00:01:31	01:44:20	102m	14'52"/km
33.	999	00:00:20	01:44:40	70m	4'46"/km