



**Militair regelmatigheidscriterium**  
**Pijnven 10.11.2021**  
**Belgian Military Orienteering Team**

**Frank AERDEN**

KOL

Omloop : H:04

Afstand : 6100m

Tijd : 1:18:44 (12'54"/km)

**20/42**

O.K.

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- |                           |         |
|---------------------------|---------|
| 1. Marc VAN DE MAELE      | 0:57:23 |
| 2. Luc WERKX              | 0:58:39 |
| 3. Jorran VAN DER HEIJDEN | 0:58:48 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 101 | 00:03:17 |          | 228m | 14'24"/km |
| 2.  | 105 | 00:00:53 | 00:04:10 | 90m  | 9'49"/km  |
| 3.  | 103 | 00:02:02 | 00:06:12 | 209m | 9'44"/km  |
| 4.  | 104 | 00:01:28 | 00:07:40 | 160m | 9'10"/km  |
| 5.  | 113 | 00:04:50 | 00:12:30 | 361m | 13'23"/km |
| 6.  | 112 | 00:03:14 | 00:15:44 | 260m | 12'26"/km |
| 7.  | 162 | 00:00:45 | 00:16:29 | 66m  | 11'22"/km |
| 8.  | 140 | 00:02:05 | 00:18:34 | 189m | 11'01"/km |
| 9.  | 148 | 00:02:52 | 00:21:26 | 284m | 10'06"/km |
| 10. | 154 | 00:03:00 | 00:24:26 | 220m | 13'38"/km |
| 11. | 137 | 00:02:17 | 00:26:43 | 255m | 8'57"/km  |
| 12. | 120 | 00:04:14 | 00:30:57 | 314m | 13'29"/km |
| 13. | 126 | 00:07:04 | 00:38:01 | 334m | 21'09"/km |
| 14. | 159 | 00:05:33 | 00:43:34 | 458m | 12'07"/km |
| 15. | 132 | 00:01:58 | 00:45:32 | 148m | 13'17"/km |
| 16. | 107 | 00:04:29 | 00:50:01 | 350m | 12'49"/km |
| 17. | 110 | 00:04:31 | 00:54:32 | 318m | 14'12"/km |
| 18. | 115 | 00:03:04 | 00:57:36 | 240m | 12'47"/km |
| 19. | 150 | 00:01:40 | 00:59:16 | 119m | 14'00"/km |
| 20. | 117 | 00:04:37 | 01:03:53 | 288m | 16'02"/km |
| 21. | 144 | 00:06:37 | 01:10:30 | 521m | 12'42"/km |
| 22. | 134 | 00:01:53 | 01:12:23 | 161m | 11'42"/km |
| 23. | 153 | 00:02:39 | 01:15:02 | 176m | 15'03"/km |
| 24. | 135 | 00:02:38 | 01:17:40 | 201m | 13'06"/km |
| 25. | 180 | 00:01:04 | 01:18:44 | 134m | 7'58"/km  |

Orienteering Software