

Championnat FRSO de Sprint
Seraing 21.11.2021
Hermathenae

Agnès PONCELET

C.O. Liège

Circuit : D. Masters D

Distance : 1970m (Dénivelé 30m)

Temps : 0:21:11 (10'45"/km)

2/4

O.K.

[Résultats complets sur Webres](#)

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|-------------------------------|---------|
| 1. Monique DEFFENSE | 0:15:28 |
| 3. Françoise CHATELAIN-NANOUX | 0:22:24 |

1.	122	00:02:26		151m	16'07"/km
2.	110	00:02:14	00:04:40	186m	12'00"/km
3.	93	00:01:07	00:05:47	87m	12'50"/km
4.	94	00:01:48	00:07:35	126m	14'17"/km
5.	111	00:01:34	00:09:09	156m	10'03"/km
6.	106	00:01:21	00:10:30	68m	19'51"/km
7.	105	00:01:55	00:12:25	159m	12'03"/km
8.	107	00:02:19	00:14:44	183m	12'40"/km
9.	108	00:02:28	00:17:12	137m	18'00"/km
10.	117	00:02:10	00:19:22	152m	14'15"/km
11.	116	00:01:27	00:20:49	83m	17'28"/km
12.	999	00:00:22	00:21:11	39m	9'24"/km

HELGA

Orienteering Software