

Régionale LOST

Bois des Rêves et environs 28.11.2021

LOST

Matijs LOECKX

Omega

Circuit : H:Noir très long

Distance : 8400m (Dénivelé 260m)

Temps : 1:14:07 (8'49"/km)

6/31

O.K.

[Résultats complets sur Webres](#)

1. Christophe BERNARD	1:03:49
2. Simon ARNO	1:07:16
3. Nicolas SILLIEN	1:09:12

1.	169	00:00:42		150m	4'40"/km
2.	172	00:00:47	00:01:29	148m	5'18"/km
3.	177	00:01:17	00:02:46	182m	7'03"/km
4.	175	00:00:52	00:03:38	118m	7'21"/km
5.	171	00:00:39	00:04:17	130m	5'00"/km
6.	170	00:00:53	00:05:10	149m	5'56"/km
7.	197	00:02:15	00:07:25	271m	8'18"/km
8.	224	00:03:23	00:10:48	351m	9'38"/km
9.	204	00:02:07	00:12:55	195m	10'51"/km
10.	206	00:01:05	00:14:00	106m	10'13"/km
11.	207	00:01:16	00:15:16	127m	9'58"/km
12.	210	00:01:31	00:16:47	162m	9'22"/km
13.	213	00:03:04	00:19:51	100m	30'40"/km
14.	214	00:03:13	00:23:04	54m	59'34"/km
15.	216	00:01:05	00:24:09	213m	5'05"/km
16.	217	00:01:59	00:26:08	163m	12'10"/km
17.	220	00:03:41	00:29:49	416m	8'51"/km
18.	192	00:04:12	00:34:01	523m	8'02"/km
19.	191	00:01:12	00:35:13	86m	13'57"/km
20.	194	00:01:53	00:37:06	215m	8'46"/km
21.	195	00:01:42	00:38:48	115m	14'47"/km
22.	190	00:01:57	00:40:45	230m	8'29"/km
23.	189	00:00:27	00:41:12	61m	7'23"/km
24.	188	00:00:56	00:42:08	115m	8'07"/km
25.	186	00:01:52	00:44:00	194m	9'37"/km
26.	185	00:02:55	00:46:55	394m	7'24"/km
27.	183	00:00:29	00:47:24	76m	6'22"/km
28.	182	00:01:20	00:48:44	173m	7'42"/km
29.	181	00:01:23	00:50:07	166m	8'20"/km
30.	223	00:00:58	00:51:05	113m	8'33"/km
31.	167	00:01:26	00:52:31	227m	6'19"/km
32.	196	00:02:20	00:54:51	138m	16'54"/km
33.	200	00:02:12	00:57:03	294m	7'29"/km
34.	208	00:03:50	01:00:53	268m	14'18"/km
35.	211	00:01:05	01:01:58	63m	17'12"/km
36.	209	00:00:48	01:02:46	102m	7'51"/km

37.	207	00:01:22	01:04:08	91m	15'01"/km
38.	205	00:01:02	01:05:10	120m	8'37"/km
39.	203	00:01:27	01:06:37	155m	9'21"/km
40.	222	00:03:53	01:10:30	470m	8'16"/km
41.	218	00:02:20	01:12:50	324m	7'12"/km
42.	219	00:00:55	01:13:45	167m	5'29"/km
43.	999	00:00:22	01:14:07	63m	5'49"/km

HELGA



Orienteering Software