

**Guido TIMMERS**

hamok

Course : H:03

Distance : 5480m

Time : 0:44:39 (8'09"/km)

**2/28**

O.K.

[Full result on Webres](#)

1. Wiet LAENEN

0:42:14

3. Adrie VAN OPSTAL

0:45:35

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 63  | 00:02:10 |          | 419m | 5'10"/km  |
| 2.  | 31  | 00:02:51 | 00:05:01 | 408m | 6'59"/km  |
| 3.  | 33  | 00:01:38 | 00:06:39 | 216m | 7'34"/km  |
| 4.  | 35  | 00:01:47 | 00:08:26 | 211m | 8'27"/km  |
| 5.  | 41  | 00:01:32 | 00:09:58 | 204m | 7'31"/km  |
| 6.  | 38  | 00:02:52 | 00:12:50 | 390m | 7'21"/km  |
| 7.  | 39  | 00:02:08 | 00:14:58 | 252m | 8'28"/km  |
| 8.  | 40  | 00:00:08 | 00:15:06 | 108m | 1'14"/km  |
| 9.  | 50  | 00:03:00 | 00:18:06 | 400m | 7'30"/km  |
| 10. | 44  | 00:01:08 | 00:19:14 | 145m | 7'49"/km  |
| 11. | 61  | 00:03:37 | 00:22:51 | 323m | 11'12"/km |
| 12. | 45  | 00:01:49 | 00:24:40 | 215m | 8'27"/km  |
| 13. | 48  | 00:01:50 | 00:26:30 | 169m | 10'51"/km |
| 14. | 62  | 00:03:15 | 00:29:45 | 325m | 10'00"/km |
| 15. | 47  | 00:03:03 | 00:32:48 | 250m | 12'12"/km |
| 16. | 60  | 00:02:05 | 00:34:53 | 292m | 7'08"/km  |
| 17. | 79  | 00:01:13 | 00:36:06 | 120m | 10'08"/km |
| 18. | 55  | 00:05:54 | 00:42:00 | 588m | 10'02"/km |
| 19. | 32  | 00:01:17 | 00:43:17 | 193m | 6'39"/km  |
| 20. | 70  | 00:00:40 | 00:43:57 | 103m | 6'28"/km  |
| 21. | 999 | 00:00:42 | 00:44:39 | 148m | 4'44"/km  |

Orienteering Software