SYLVESTER 21 - DAY 5
HEESERBERGEN 30.12.2021
hamok

Dieter SELS
hamok
Omloop : H40
Afstand : 7600m
Tijd : 1:15:27 (9'56"/km) [Punten : 731]

8/12 O.K.

Volledige uitslagen op Webres

1. Patrick MAYERES 0:55:08 [1000]
2. Tim DILEN 0:57:17 [962]
3. Davy HEESAKKERS 0:58:56 [936]

1.	31	00:01:13		88m	13'50"/km
2.	35	00:02:23	*00:03:36*	232m	10'16"/km
3.	39	00:01:32	*00:05:08*	149m	10'17"/km
4.	48	00:02:52	*00:08:00*	310m	9'15"/km
5.	42	00:02:16	*00:10:16*	244m	9'17"/km
6.	44	00:01:19	*00:11:35*	198m	6'39"/km
7.	56	00:04:35	*00:16:10*	575m	7'58"/km
8.	60	00:02:59	*00:19:09*	343m	8'42"/km
9.	64	00:02:01	*00:21:10*	266m	7'35"/km
10.	89	00:03:44	*00:24:54*	369m	10'07"/km
11.	82	00:02:53	*00:27:47*	296m	9'44"/km
12.	80	00:02:14	*00:30:01*	186m	12'00"/km
13.	71	00:03:07	*00:33:08*	297m	10'30"/km
14.	66	00:01:27	*00:34:35*	126m	11'30"/km
15.	67	00:01:17	*00:35:52*	103m	12'28"/km
16.	68	00:01:20	*00:37:12*	148m	9'01"/km
17.	69	00:01:08	*00:38:20*	75m	15'07"/km
18.	66	00:01:19	*00:39:39*	151m	8'43"/km
19.	76	00:04:20	*00:43:59*	344m	12'36"/km
20.	91	00:04:45	*00:48:44*	390m	12'11"/km
21.	95	00:02:13	*00:50:57*	189m	11'44"/km
22.	90	00:01:40	*00:52:37*	174m	9'35"/km
23.	47	00:05:44	*00:58:21*	545m	10'31"/km
24.	40	00:01:59	*01:00:20*	171m	11'36"/km
25.	37	00:01:40	*01:02:00*	171m	9'45"/km
26.	50	00:04:24	*01:06:24*	426m	10'20"/km
27.	96	00:04:06	*01:10:30*	423m	9'42"/km
28.	92	00:01:50	*01:12:20*	211m	8'41"/km
29.	93	00:01:33	*01:13:53*	171m	9'04"/km
30.	98	00:01:08	*01:15:01*	140m	8'06"/km
31.	999	00:00:26	*01:15:27*	92m	4'43"/km

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