



Regionale Hoge Rielen

LICHTAART 16.1.2022

K.O.L.

Bert VERVECKEN

TROL

Omloop : H:01

Afstand : 8930m

Tijd : 1:31:08 (10'12"/km)

13/18

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Jeroen HOEKX | 0:53:32 |
| 2. Tom GEYPEN | 0:58:00 |
| 3. Winston FRANSSEN | 0:58:29 |

1.	134	00:01:38	183m	8'56"/km
2.	136	00:06:25 00:08:03	155m	41'24"/km
3.	148	00:04:28 00:12:31	262m	17'03"/km
4.	164	00:03:44 00:16:15	293m	12'45"/km
5.	149	00:02:05 00:18:20	218m	9'33"/km
6.	165	00:02:38 00:20:58	299m	8'48"/km
7.	166	00:03:36 00:24:34	522m	6'54"/km
8.	168	00:01:40 00:26:14	192m	8'41"/km
9.	141	00:02:17 00:28:31	208m	10'59"/km
10.	150	00:02:53 00:31:24	366m	7'53"/km
11.	167	00:02:01 00:33:25	226m	8'55"/km
12.	151	00:01:52 00:35:17	177m	10'33"/km
13.	145	00:08:09 00:43:26	613m	13'18"/km
14.	177	00:01:11 00:44:37	155m	7'38"/km
15.	184	00:02:00 00:46:37	213m	9'23"/km
16.	181	00:02:13 00:48:50	186m	11'55"/km
17.	182	00:01:25 00:50:15	74m	19'09"/km
18.	169	00:01:30 00:51:45	241m	6'13"/km
19.	178	00:02:55 00:54:40	272m	10'43"/km
20.	170	00:03:57 00:58:37	297m	13'18"/km
21.	179	00:02:12 01:00:49	227m	9'41"/km
22.	180	00:00:59 01:01:48	150m	6'33"/km
23.	176	00:03:12 01:05:00	369m	8'40"/km
24.	142	00:02:28 01:07:28	295m	8'22"/km
25.	152	00:02:16 01:09:44	256m	8'51"/km
26.	162	00:01:29 01:11:13	181m	8'12"/km
27.	185	00:01:48 01:13:01	238m	7'34"/km
28.	186	00:02:03 01:15:04	261m	7'51"/km
29.	183	00:01:37 01:16:41	182m	8'53"/km
30.	171	00:01:17 01:17:58	210m	6'07"/km
31.	172	00:01:04 01:19:02	172m	6'12"/km
32.	103	00:01:48 01:20:50	292m	6'10"/km
33.	131	00:03:06 01:23:56	198m	15'39"/km
34.	173	00:03:12 01:27:08	325m	9'51"/km
35.	174	00:02:05 01:29:13	231m	9'01"/km
36.	999	00:01:55 01:31:08	185m	10'22"/km