



Regionale Hoge Rielen

LICHTAART 16.1.2022

K.O.L.

Tom KREKELS

TROL

Omloop : H:01

Afstand : 8930m

Tijd : 1:33:01 (10'25"/km)

14/18

O.K.

[Volledige uitslagen op Webres](#)

1. Jeroen HOEKX	0:53:32
2. Tom GEYPEN	0:58:00
3. Winston FRANSSEN	0:58:29

1.	134	00:03:06		183m	16'56"/km
2.	136	00:01:13	00:04:19	155m	7'51"/km
3.	148	00:02:02	00:06:21	262m	7'46"/km
4.	164	00:02:45	00:09:06	293m	9'23"/km
5.	149	00:01:53	00:10:59	218m	8'38"/km
6.	165	00:02:39	00:13:38	299m	8'52"/km
7.	166	00:03:46	00:17:24	522m	7'13"/km
8.	168	00:01:38	00:19:02	192m	8'30"/km
9.	141	00:02:42	00:21:44	208m	12'59"/km
10.	150	00:02:58	00:24:42	366m	8'06"/km
11.	167	00:02:02	00:26:44	226m	9'00"/km
12.	151	00:02:08	00:28:52	177m	12'03"/km
13.	145	00:06:21	00:35:13	613m	10'22"/km
14.	177	00:01:16	00:36:29	155m	8'10"/km
15.	184	00:02:09	00:38:38	213m	10'06"/km
16.	181	00:02:15	00:40:53	186m	12'06"/km
17.	182	00:00:51	00:41:44	74m	11'29"/km
18.	169	00:01:47	00:43:31	241m	7'24"/km
19.	178	00:02:21	00:45:52	272m	8'38"/km
20.	170	00:02:55	00:48:47	297m	9'49"/km
21.	179	00:02:20	00:51:07	227m	10'17"/km
22.	180	00:01:30	00:52:37	150m	10'00"/km
23.	176	00:03:43	00:56:20	369m	10'04"/km
24.	142	00:03:09	00:59:29	295m	10'41"/km
25.	152	00:05:54	01:05:23	256m	23'03"/km
26.	162	00:01:42	01:07:05	181m	9'24"/km
27.	185	00:02:18	01:09:23	238m	9'40"/km
28.	186	00:03:22	01:12:45	261m	12'54"/km
29.	183	00:01:53	01:14:38	182m	10'21"/km
30.	171	00:01:58	01:16:36	210m	9'22"/km
31.	172	00:01:36	01:18:12	172m	9'18"/km
32.	103	00:02:31	01:20:43	292m	8'37"/km
33.	131	00:02:50	01:23:33	198m	14'19"/km
34.	173	00:03:24	01:26:57	325m	10'28"/km
35.	174	00:03:55	01:30:52	231m	16'57"/km
36.	999	00:02:09	01:33:01	185m	11'37"/km