



# Regionale Hoge Rielen LICHTAART 16.1.2022 K.O.L.

**Rudi AERTS**

Omega

Omloop : H:03

Afstand : 6120m

Tijd : 0:47:48 (7'49"/km)

**8/32**

O.K.

[Volledige uitslagen op Webres](#)

- |                  |         |
|------------------|---------|
| 1. Wiet LAENEN   | 0:41:13 |
| 2. Rudy ROOMAN   | 0:42:17 |
| 3. Guido TIMMERS | 0:43:33 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 187 | 00:00:55 |          | 133m | 6'54"/km  |
| 2.  | 188 | 00:00:54 | 00:01:49 | 146m | 6'10"/km  |
| 3.  | 133 | 00:01:20 | 00:03:09 | 205m | 6'30"/km  |
| 4.  | 137 | 00:02:28 | 00:05:37 | 344m | 7'10"/km  |
| 5.  | 139 | 00:01:40 | 00:07:17 | 207m | 8'03"/km  |
| 6.  | 165 | 00:02:11 | 00:09:28 | 244m | 8'57"/km  |
| 7.  | 194 | 00:01:50 | 00:11:18 | 244m | 7'31"/km  |
| 8.  | 142 | 00:02:43 | 00:14:01 | 409m | 6'39"/km  |
| 9.  | 150 | 00:01:26 | 00:15:27 | 189m | 7'35"/km  |
| 10. | 162 | 00:02:31 | 00:17:58 | 335m | 7'31"/km  |
| 11. | 151 | 00:02:19 | 00:20:17 | 291m | 7'58"/km  |
| 12. | 163 | 00:02:39 | 00:22:56 | 311m | 8'31"/km  |
| 13. | 176 | 00:02:49 | 00:25:45 | 338m | 8'20"/km  |
| 14. | 143 | 00:01:41 | 00:27:26 | 175m | 9'37"/km  |
| 15. | 141 | 00:02:53 | 00:30:19 | 323m | 8'56"/km  |
| 16. | 138 | 00:02:12 | 00:32:31 | 298m | 7'23"/km  |
| 17. | 189 | 00:01:39 | 00:34:10 | 168m | 9'49"/km  |
| 18. | 183 | 00:01:37 | 00:35:47 | 198m | 8'10"/km  |
| 19. | 171 | 00:01:30 | 00:37:17 | 210m | 7'09"/km  |
| 20. | 190 | 00:01:17 | 00:38:34 | 162m | 7'55"/km  |
| 21. | 172 | 00:00:36 | 00:39:10 | 75m  | 8'00"/km  |
| 22. | 156 | 00:01:42 | 00:40:52 | 286m | 5'57"/km  |
| 23. | 132 | 00:01:17 | 00:42:09 | 185m | 6'56"/km  |
| 24. | 131 | 00:01:21 | 00:43:30 | 108m | 12'30"/km |
| 25. | 191 | 00:01:47 | 00:45:17 | 185m | 9'38"/km  |
| 26. | 193 | 00:01:16 | 00:46:33 | 189m | 6'42"/km  |
| 27. | 999 | 00:01:15 | 00:47:48 | 164m | 7'37"/km  |

Orienteering Software