



VALENTIJN - FOREST CUP

HECHTEL 13.2.2022

K.O.L.

Alfred SIMKENS

K.O.L.

Omloop : H:04

Afstand : 4530m

Tijd : 0:48:42 (10'45"/km)

9/35

O.K.

[Volledige uitslagen op Webres](#)

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|--------------------|---------|
| 1. Jackie VANDIJCK | 0:37:32 |
| 2. Wim HOEKX | 0:38:42 |
| 3. Etienne DE WIT | 0:39:18 |

1.	129	00:03:12		237m	13'30"/km
2.	123	00:02:56	00:06:08	224m	13'06"/km
3.	137	00:04:12	00:10:20	409m	10'16"/km
4.	153	00:01:36	00:11:56	150m	10'40"/km
5.	140	00:01:41	00:13:37	210m	8'01"/km
6.	141	00:01:14	00:14:51	133m	9'16"/km
7.	144	00:01:23	00:16:14	129m	10'43"/km
8.	143	00:01:50	00:18:04	173m	10'36"/km
9.	142	00:01:49	00:19:53	114m	15'56"/km
10.	123	00:03:36	00:23:29	343m	10'30"/km
11.	122	00:00:55	00:24:24	103m	8'54"/km
12.	118	00:04:13	00:28:37	419m	10'04"/km
13.	120	00:04:19	00:32:56	308m	14'01"/km
14.	164	00:04:59	00:37:55	428m	11'39"/km
15.	154	00:02:09	00:40:04	202m	10'39"/km
16.	151	00:01:37	00:41:41	158m	10'14"/km
17.	148	00:03:50	00:45:31	392m	9'47"/km
18.	146	00:02:19	00:47:50	244m	9'30"/km
19.	999	00:00:52	00:48:42	150m	5'47"/km

Orienteering Software