

Nationale Longue Distance

Nomont - Famelette 20.2.2022

CO Liège

Tino NIJST

Omega

Circuit : HB

Distance : 7270m (Dénivelé 110m)

Temps : 1:24:11 (11'35"/km)

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O.K.

[Résultats complets sur Webres](#)

1.	143	00:02:03		252m	8'08"/km
2.	107	00:04:01	00:06:04	383m	10'29"/km
3.	106	00:01:49	00:07:53	206m	8'49"/km
4.	129	00:02:48	00:10:41	282m	9'56"/km
5.	125	00:02:02	00:12:43	217m	9'22"/km
6.	136	00:02:19	00:15:02	227m	10'12"/km
7.	145	00:05:20	00:20:22	632m	8'26"/km
8.	146	00:02:20	00:22:42	292m	7'59"/km
9.	147	00:02:39	00:25:21	96m	27'36"/km
10.	148	00:04:57	00:30:18	335m	14'47"/km
11.	149	00:06:48	00:37:06	352m	19'19"/km
12.	150	00:03:40	00:40:46	292m	12'33"/km
13.	151	00:02:46	00:43:32	249m	11'07"/km
14.	152	00:07:04	00:50:36	442m	15'59"/km
15.	153	00:02:48	00:53:24	230m	12'10"/km
16.	154	00:02:00	00:55:24	93m	21'30"/km
17.	155	00:04:52	01:00:16	354m	13'45"/km
18.	156	00:04:00	01:04:16	347m	11'32"/km
19.	157	00:05:23	01:09:39	513m	10'30"/km
20.	158	00:03:43	01:13:22	442m	8'25"/km
21.	159	00:06:11	01:19:33	552m	11'12"/km
22.	119	00:02:34	01:22:07	225m	11'24"/km
23.	165	00:01:27	01:23:34	166m	8'44"/km
24.	999	00:00:37	01:24:11	91m	6'47"/km

Orienteering Software