

Nationale Longue Distance

Nomont - Famelette 20.2.2022

CO Liège

Kim JANSEN

Omega

Circuit : H45

Distance : 7440m (Dénivelé 110m)

Temps : 0:59:53 (8'03"/km)

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O.K.

[Résultats complets sur Webres](#)

1. Marc KERCKHOFS 0:58:53
3. Guido LENGES 1:02:14

1.	102	00:02:51		284m	10'02"/km
2.	159	00:01:33	00:04:24	215m	7'13"/km
3.	158	00:03:17	00:07:41	552m	5'57"/km
4.	157	00:02:46	00:10:27	442m	6'16"/km
5.	156	00:02:52	00:13:19	513m	5'35"/km
6.	155	00:02:58	00:16:17	347m	8'33"/km
7.	154	00:02:08	00:18:25	354m	6'02"/km
8.	153	00:02:36	00:21:01	93m	27'57"/km
9.	152	00:01:41	00:22:42	230m	7'19"/km
10.	151	00:03:58	00:26:40	442m	8'58"/km
11.	150	00:02:07	00:28:47	249m	8'30"/km
12.	149	00:02:58	00:31:45	292m	10'10"/km
13.	148	00:02:56	00:34:41	352m	8'20"/km
14.	147	00:04:01	00:38:42	335m	11'59"/km
15.	146	00:01:16	00:39:58	96m	13'12"/km
16.	145	00:01:33	00:41:31	292m	5'18"/km
17.	136	00:04:12	00:45:43	632m	6'39"/km
18.	125	00:02:06	00:47:49	227m	9'15"/km
19.	129	00:02:13	00:50:02	217m	10'13"/km
20.	106	00:02:40	00:52:42	282m	9'27"/km
21.	107	00:01:52	00:54:34	206m	9'04"/km
22.	119	00:03:47	00:58:21	525m	7'12"/km
23.	165	00:01:04	00:59:25	166m	6'26"/km
24.	999	00:00:28	00:59:53	91m	5'08"/km

Orienteering Software