Nationale Longue Distance
Nomont - Famelette 20.2.2022
CO Liège

Roman ELSEN
Omega
Circuit : H50
Distance : 7270m (Dénivelé 110m)
Temps : 1:28:28 (12'10"/km)

18/20 O.K.

Résultats complets sur Webres

1.	Pierre-Emmanuel DEMEUSE	0:58:55
2.	Olivier DE SMUL	0:59:20
3.	Koen NEYENS	0:59:26

1.	143	00:02:02		252m	8'04"/km
2.	107	00:03:18	*00:05:20*	383m	8'37"/km
3.	106	00:01:33	*00:06:53*	206m	7'31"/km
4.	129	00:02:13	*00:09:06*	282m	7'52"/km
5.	125	00:02:02	*00:11:08*	217m	9'22"/km
6.	136	00:02:23	*00:13:31*	227m	10'30"/km
7.	145	00:04:54	*00:18:25*	632m	7'45"/km
8.	146	00:01:59	*00:20:24*	292m	6'48"/km
9.	147	00:02:13	*00:22:37*	96m	23'05"/km
10.	148	00:05:39	*00:28:16*	335m	16'52"/km
11.	149	00:17:47	*00:46:03*	352m	50'31"/km
12.	150	00:04:23	*00:50:26*	292m	15'01"/km
13.	79	00:02:29	*00:52:55*	195m	12'44"/km
14.	151	00:01:23	*00:54:18*	70m	19'46"/km
15.	152	00:04:41	*00:58:59*	442m	10'36"/km
16.	153	00:01:59	*01:00:58*	230m	8'37"/km
17.	154	00:01:21	*01:02:19*	93m	14'31"/km
18.	155	00:03:54	*01:06:13*	354m	11'01"/km
19.	156	00:05:33	*01:11:46*	347m	16'00"/km
20.	157	00:04:29	*01:16:15*	513m	8'44"/km
21.	97	00:03:13	*01:19:28*		
22.	158	00:00:41	*01:20:09*		
23.	159	00:04:20	*01:24:29*	552m	7'51"/km
24.	119	00:02:11	*01:26:40*	225m	9'42"/km
25.	165	00:01:11	*01:27:51*	166m	7'08"/km
26.	999	00:00:37	*01:28:28*	91m	6'47"/km

Orienteering Software

© HELGA Orienteering Software - www.HELGA-O.com