

# Nationale Longue Distance

## Nomont - Famelette 20.2.2022

### CO Liège

**Karl VERVOORT**

TROL

Circuit : H55

Distance : 5240m (Dénivelé 180m)

Temps : 0:58:39 (11'12"/km)

**8/23**

O.K.

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- |                  |         |
|------------------|---------|
| 1. Guy TIREZ     | 0:47:22 |
| 2. Robert THEISS | 0:47:28 |
| 3. Serge BAERT   | 0:50:05 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 140 | 00:02:42 |          | 266m | 10'09"/km |
| 2.  | 139 | 00:02:17 | 00:04:59 | 196m | 11'39"/km |
| 3.  | 141 | 00:03:47 | 00:08:46 | 425m | 8'54"/km  |
| 4.  | 138 | 00:03:45 | 00:12:31 | 263m | 14'16"/km |
| 5.  | 133 | 00:05:02 | 00:17:33 | 436m | 11'33"/km |
| 6.  | 88  | 00:02:28 | 00:20:01 | 232m | 10'38"/km |
| 7.  | 134 | 00:05:48 | 00:25:49 | 333m | 17'25"/km |
| 8.  | 136 | 00:07:07 | 00:32:56 | 693m | 10'16"/km |
| 9.  | 126 | 00:02:02 | 00:34:58 | 140m | 14'31"/km |
| 10. | 100 | 00:02:35 | 00:37:33 | 223m | 11'35"/km |
| 11. | 129 | 00:01:41 | 00:39:14 | 188m | 8'57"/km  |
| 12. | 115 | 00:03:48 | 00:43:02 | 308m | 12'20"/km |
| 13. | 104 | 00:01:29 | 00:44:31 | 114m | 13'01"/km |
| 14. | 103 | 00:03:58 | 00:48:29 | 294m | 13'30"/km |
| 15. | 120 | 00:02:46 | 00:51:15 | 330m | 8'23"/km  |
| 16. | 143 | 00:02:28 | 00:53:43 | 270m | 9'08"/km  |
| 17. | 165 | 00:04:21 | 00:58:04 | 439m | 9'55"/km  |
| 18. | 999 | 00:00:35 | 00:58:39 | 91m  | 6'25"/km  |

Orienteering Software