Nationale Longue Distance
Nomont - Famelette 20.2.2022
CO Liège

Paul CORTHOUTS
K.O.L.
Circuit : H60
Distance : 5010m (Dénivelé 95m)
Temps : 1:17:16 (15'25"/km)

15/17 O.K.

Résultats complets sur Webres

1. Christian STOFFELS 0:43:20
2. Luc MELIS 0:44:06
3. Patrick MOSSOUX 0:44:27

1.	120	00:06:56		518m	13'23"/km
2.	103	00:04:39	*00:11:35*	330m	14'05"/km
3.	104	00:05:09	*00:16:44*	294m	17'31"/km
4.	105	00:02:35	*00:19:19*	241m	10'43"/km
5.	100	00:01:53	*00:21:12*	171m	11'01"/km
6.	126	00:03:52	*00:25:04*	223m	17'20"/km
7.	136	00:01:47	*00:26:51*	140m	12'44"/km
8.	134	00:09:57	*00:36:48*	693m	14'21"/km
9.	137	00:04:10	*00:40:58*	269m	15'29"/km
10.	133	00:02:56	*00:43:54*	214m	13'42"/km
11.	138	00:08:28	*00:52:22*	436m	19'25"/km
12.	132	00:02:26	*00:54:48*	230m	10'35"/km
13.	131	00:03:51	*00:58:39*	253m	15'13"/km
14.	139	00:04:26	*01:03:05*	181m	24'30"/km
15.	140	00:04:17	*01:07:22*	196m	21'51"/km
16.	124	00:03:48	*01:11:10*	203m	18'43"/km
17.	165	00:05:21	*01:16:31*	332m	16'07"/km
18.	999	00:00:45	*01:17:16*	91m	8'15"/km

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