Nationale Longue Distance
Nomont - Famelette 20.2.2022
CO Liège

Roger BOCKX
K.O.L.
Circuit : H65
Distance : 4040m (Dénivelé 80m)
Temps : 0:52:00 (12'52"/km)

4/15 O.K.

Résultats complets sur Webres

1. Etienne DE WIT 0:42:20
2. Richard MATHOT 0:47:23
3. Wim HOEKX 0:48:04

1.	122	00:02:20		238m	9'48"/km
2.	120	00:03:13	*00:05:33*	282m	11'24"/km
3.	132	00:05:22	*00:10:55*	527m	10'11"/km
4.	133	00:05:34	*00:16:29*	488m	11'24"/km
5.	134	00:08:34	*00:25:03*	469m	18'16"/km
6.	129	00:05:15	*00:30:18*	398m	13'11"/km
7.	100	00:01:46	*00:32:04*	188m	9'24"/km
8.	104	00:03:31	*00:35:35*	295m	11'55"/km
9.	128	00:03:43	*00:39:18*	248m	14'59"/km
10.	103	00:05:15	*00:44:33*	160m	32'49"/km
11.	102	00:03:01	*00:47:34*	250m	12'04"/km
12.	101	00:01:14	*00:48:48*	148m	8'20"/km
13.	165	00:02:39	*00:51:27*	261m	10'09"/km
14.	999	00:00:33	*00:52:00*	91m	6'03"/km

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